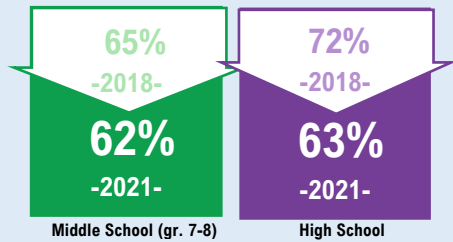


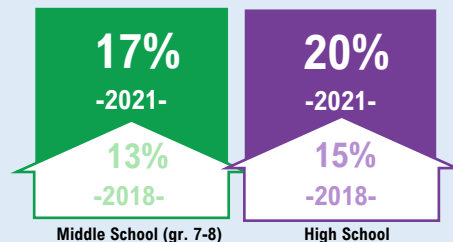
Peer Support Among MetroWest Adolescents

Highlights from the 2021 MetroWest Adolescent Health Survey (Grades 7-12)

In the MetroWest Region, 62% of middle school youth and 63% of high school youth have peer support.*

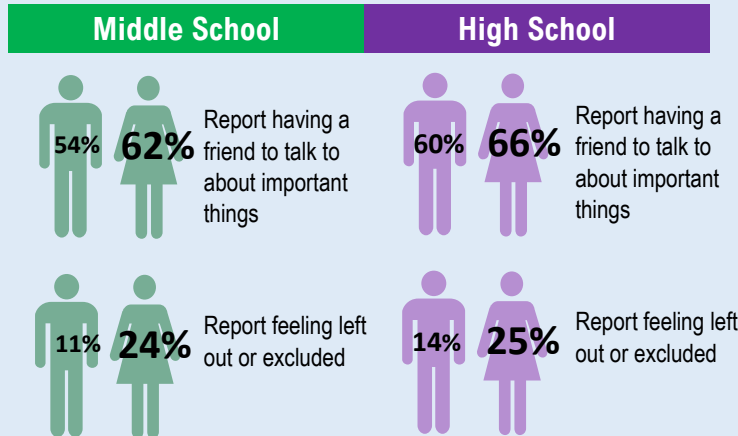


Reports of peer support decreased from 2018 to 2021.

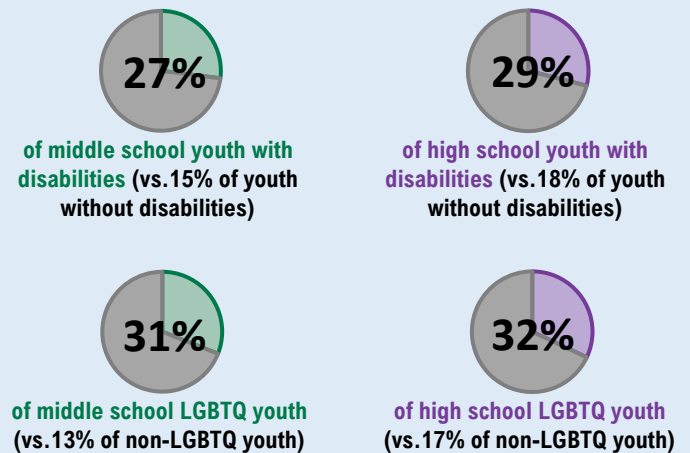


Reports of feeling left out or excluded increased since 2018.

Reports of peer support* are higher for females than males, but so are feelings of being left out or excluded.

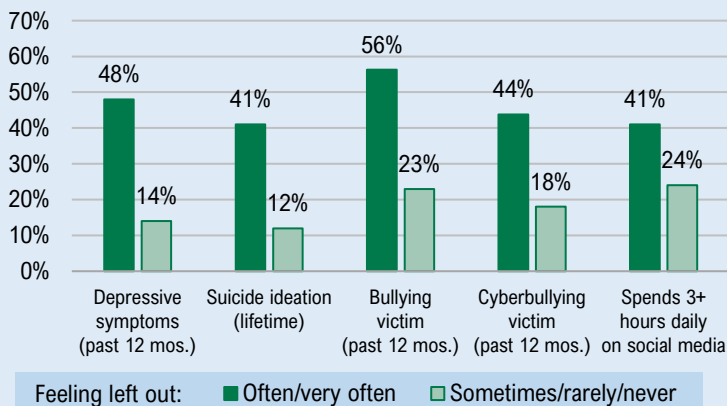


Feeling left out or excluded is reported by:



Feeling left out or excluded is associated with higher reports of mental health problems, bullying victimization, and social media use.

Middle School (Grades 7-8)



High School (Grades 9-12)

