

# Adult Support Among Adolescents in the MetroWest Region

Highlights from the 2021 MetroWest Adolescent Health Survey (Grades 7-12)

**In MetroWest, 92% of middle school youth and 92% of high school youth have a supportive adult in their lives.\***

**66% of middle school youth and 69% of high school youth have adult support at school.**

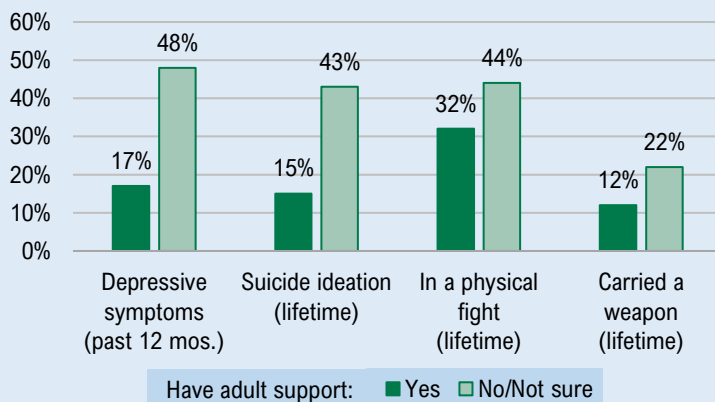


**88% of middle school youth and 88% of high school youth have adult support outside of school.**

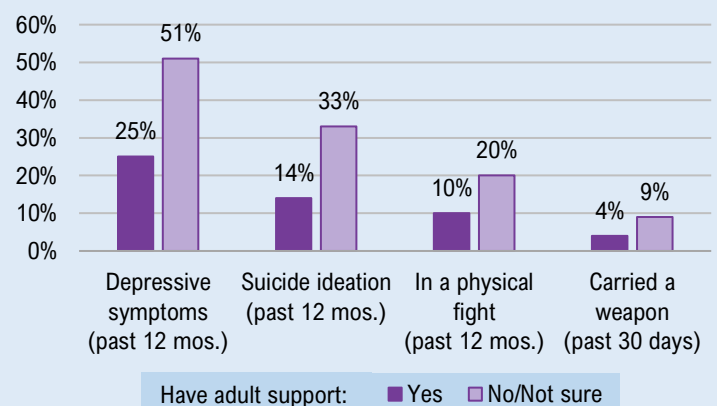


**Adult support in the MetroWest Region is associated with lower reports of mental health problems and violence.\***

Middle School (Grades 7-8)



High School (Grades 9-12)



**Adult support\* among LGBTQ youth:**

**85%**

of **middle school LGBTQ youth** report having a supportive adult in their lives (vs. 94% of non-LGBTQ youth).

**88%**

of **high school LGBTQ youth** report having a supportive adult in their lives (vs. 94% of non-LGBTQ youth).

**Adult support\* among youth with learning and/or physical disabilities:**

**90%**

of **middle school youth with disabilities** report having a supportive adult in their lives (vs. 93% of youth without disabilities).

**92%**

of **high school youth with disabilities** report having a supportive adult in their lives (vs. 93% of youth without disabilities).