Ashland (01721) - Middlesex County

Demographic

		value	average (range)	value	Fellou
Total population i	count	18,646	(538-41,505)	-	2017-2021
Median household income ii	dollars	115,959	(71,602-250,000+)	111,790	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	4.9	(0.0-15.6)	7.4	2017-2021
Population below 200% FPL vi	percent of population	11.5	12.4 (0.0-31.6)	16	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	12.7	12.8 (10.3-17.2)	13.2**	2021
Depression (as told by a medical professional) ^v Mental Health	crude percent, adults 18+	20.1	20.2 (18.0-23.0)	19.4**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	18.8	18.2 (16.1-21.3)	18.2**	2021
Current smokers v Substance Use	crude percent, adults 18+	9.5	9.9 (6.5-14.8)	9.4**	2021
Opioid-related overdose deaths among residents in 2022*vi Substance Use	rate per 10k residents	2.1	1.3 (0.0-4.8)	2.3	2022
Environmental Justice population* vii Environment	percent of population	100.0	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	No	-	-	2021
Walkability ix Environment	scale from 0 - 100	74.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	51.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values * Housing Insecurity	percent change, 4/2019-4/2023	27.0	27.5 (22.3-34.2)	25.7	2019, 2023
'Very low' income standard for federal housing programs, 4 person family*xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone ^{xii} Housing Insecurity	percent of adults 65+	29.0	24.1 (12.2-36.4)	25.7	2017-2021
Growth in SNAP caseload (households) xiii Food Insecurity	percent change, 4/2019-4/2023	57.0	63.0 (9.0-175.0+)	60.0	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	59.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)*xv Food Insecurity	percent of eligible population	51.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	3.0	3.0 (1.7-7.6)	3.8**	2021
Men up to date on a core set of clinical preventive services ^v	crude percent, men 65+	52.6	56.7 (46.1-62.4)	51.2**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	48.1	47.8 (39.6-54.9)	47**	2020
Been to a doctor for routine checkup within the past year ^v	crude percent, adults 18+	72.6	74.5 (69.8-76.9)	71.8**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	77.6	78.4 (66.1-83.0)	75.1**	2020

Units

MetroWest

average (range)

Local

value

County

value

Measurement

Period

Ashland (01721) - Middlesex County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	6.8	7.2 (6.2-8.5)	7.1**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	24.3	25.6 (22.1-31.6)	23.4**	2021
Current asthma ^v	crude percent, adults 18+	10.0	10.3 (9.4-12.0)	9.9**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	41	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	87.9	88.1 (82.7-90.3)	85.7**	2020
Mammogram within the last two years ^v	crude percent, women 50-74	85.3	83.2 (79.6-86.2)	83.4**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	91.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	37.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

iv Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. A community-level water source is available in this community.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^x Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Bellingham (02019) - Norfolk County

Demographic

Total population i	count	16,934	(538-41,505)	-	2017-2021
Median household income ii	dollars	109,042	(71,602-250,000+)	112,089	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	4.4	(0.0-15.6)	6.3	2017-2021
Population below 200% FPL vi	percent of population	13.5	12.4 (0.0-31.6)	14.2	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	14.6	12.8 (10.3-17.2)	13.8**	2021
Depression (as told by a medical professional) ^v Mental Health	crude percent, adults 18+	21.9	20.2 (18.0-23.0)	19.7**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	20.3	18.2 (16.1-21.3)	18.8**	2021
Current smokers v Substance Use	crude percent, adults 18+	13.1	9.9 (6.5-14.8)	10.9**	2021
Opioid-related overdose deaths among residents in 2022**i Substance Use	rate per 10k residents	2.4	1.3 (0.0-4.8)	2.2	2022
Environmental Justice population* vii Environment	percent of population	17.7	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	No	-	-	2021
Walkability ix Environment	scale from 0 - 100	30.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	28.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values × Housing Insecurity	percent change, 4/2019-4/2023	26.7	27.5 (22.3-34.2)	27.2	2019, 2023
'Very low' income standard for federal housing programs, 4 person family* xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	31.5	24.1 (12.2-36.4)	26.6	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	75.0	63.0 (9.0-175.0+)	71.3	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	54.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)*xv Food Insecurity	percent of eligible population	55.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	3.5	3.0 (1.7-7.6)	3.7**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	56.8	56.7 (46.1-62.4)	56.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	43.9	47.8 (39.6-54.9)	44.2**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	72.5	74.5 (69.8-76.9)	72.7**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	74.9	78.4 (66.1-83.0)	74.7**	2020

Units

MetroWest

average (range)

Local

value

County

value

Measurement

Period

Bellingham (02019) - Norfolk County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.1	7.2 (6.2-8.5)	7.2**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	26.9	25.6 (22.1-31.6)	24.7**	2021
Current asthma ^v	crude percent, adults 18+	10.6	10.3 (9.4-12.0)	10.1**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	15	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	87.3	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years v	crude percent, women 50-74	79.6	83.2 (79.6-86.2)	78.9**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	80.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	26.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. A community-level water source is not available in this community.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^{*}Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Dover (02030) - Norfolk County

Demographic	Units	Local value	MetroWest average (range)	County value	Measurement Period
Total population i	count	5,894	(538-41,505)	-	2017-2021
Median household income ii	dollars	0	(71,602-250,000+)	112,089	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	1.1	(0.0-15.6)	6.3	2017-2021
Population below 200% FPL vi	percent of population	2.4	12.4 (0.0-31.6)	14.2	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	10.7	12.8 (10.3-17.2)	13.8**	2021
Depression (as told by a medical professional)	crude percent, adults 18+	18.6	20.2 (18.0-23.0)	19.7**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	17.9	18.2 (16.1-21.3)	18.8**	2021
Current smokers V Substance Use	crude percent, adults 18+	7.7	9.9 (6.5-14.8)	10.9**	2021
Opioid-related overdose deaths among residents in 2022*vi Substance Use	rate per 10k residents	0.0	1.3 (0.0-4.8)	2.2	2022
Environmental Justice population* ii Environment	percent of population	0.0	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	No	-	-	2021
Walkability ix Environment	scale from 0 - 100	11.0	(1.0-75.0)	ı	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	-	(25.0-63.0)	ı	As of 9/2023
Growth in typical home values × Housing Insecurity	percent change, 4/2019-4/2023	25.5	27.5 (22.3-34.2)	27.2	2019, 2023
'Very low' income standard for federal housing programs, 4 person family* xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	16.0	24.1 (12.2-36.4)	26.6	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	0.0	63.0 (9.0-175.0+)	71.3	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	85.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)*xv Food Insecurity	percent of eligible population	0.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	1.9	3.0 (1.7-7.6)	3.7**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	61.0	56.7 (46.1-62.4)	56.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	49.5	47.8 (39.6-54.9)	44.2**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	76.2	74.5 (69.8-76.9)	72.7**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	82.5	78.4 (66.1-83.0)	74.7**	2020

Dover (02030) - Norfolk County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.1	7.2 (6.2-8.5)	7.2**	2021
Obesity (calculated from self-reported weight and height) ^v	crude percent, adults 18+	23.9	25.6 (22.1-31.6)	24.7**	2021
Current asthma v	crude percent, adults 18+	9.6	10.3 (9.4-12.0)	10.1**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	16	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) v	crude percent, women 21-65	90.0	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years ^v	crude percent, women 50-74	81.7	83.2 (79.6-86.2)	78.9**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	95.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	45.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. A community-level water source is available in this community.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^x Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Framingham (01701) - Middlesex County

Demographic	Units	Local value	MetroWest average (range)	County value	Measurement Period
Total population i	count	33,319	(538-41,505)	-	2017-2021
Median household income ii	dollars	120,811	(71,602-250,000+)	111,790	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	4.7	(0.0-15.6)	7.4	2017-2021
Population below 200% FPL vi	percent of population	9.2	12.4 (0.0-31.6)	16	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month Mental Health	crude percent, adults 18+	12.2	12.8 (10.3-17.2)	13.2**	2021
Depression (as told by a medical professional) Mental Health	crude percent, adults 18+	19.6	20.2 (18.0-23.0)	19.4**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	17.4	18.2 (16.1-21.3)	18.2**	2021
Current smokers v Substance Use	crude percent, adults 18+	9.1	9.9 (6.5-14.8)	9.4**	2021
Opioid-related overdose deaths among residents in 2022*vi Substance Use	rate per 10k residents	2.3	1.3 (0.0-4.8)	2.3	2022
Environmental Justice population* vii Environment	percent of population	87.2	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	-	2021
Walkability ix Environment	scale from 0 - 100	32.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	37.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values x Housing Insecurity	percent change, 4/2019-4/2023	22.3	27.5 (22.3-34.2)	25.7	2019, 2023
'Very low' income standard for federal housing programs, 4 person family* xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	19.8	24.1 (12.2-36.4)	25.7	2017-2021
Growth in SNAP caseload (households) xiii Food Insecurity	percent change, 4/2019-4/2023	52.0	63.0 (9.0-175.0+)	60.0	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	64.0	59.8 (51.0-85.0)	1	2020
WIC gap (eligible for WIC, but not enrolled)*xv Food Insecurity	percent of eligible population	41.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	3.1	3.0 (1.7-7.6)	3.8**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	52.6	56.7 (46.1-62.4)	51.2**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	46.4	47.8 (39.6-54.9)	47**	2020
Been to a doctor for routine checkup within the past year ^v	crude percent, adults 18+	74.4	74.5 (69.8-76.9)	71.8**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	77.8	78.4 (66.1-83.0)	75.1**	2020

Framingham (01701) - Middlesex County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.6	7.2 (6.2-8.5)	7.1**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	24.0	25.6 (22.1-31.6)	23.4**	2021
Current asthma ^v	crude percent, adults 18+	10.0	10.3 (9.4-12.0)	9.9**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	156	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	87.7	88.1 (82.7-90.3)	85.7**	2020
Mammogram within the last two years v	crude percent, women 50-74	85.1	83.2 (79.6-86.2)	83.4**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	89.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	30.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

iv Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Began in 1970

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^{*}Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Framingham (01702) - Middlesex County

Demographic	Units	Local value	MetroWest average (range)	County value	Measurement Period
Total population i	count	38,842	(538-41,505)	-	2017-2021
Median household income ii	dollars	71,602	(71,602-250,000+)	111,790	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	15.6	(0.0-15.6)	7.4	2017-2021
Population below 200% FPL vi	percent of population	31.6	12.4 (0.0-31.6)	16	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month	crude percent, adults 18+	17.2	12.8 (10.3-17.2)	13.2**	2021
Depression (as told by a medical professional) Mental Health	crude percent, adults 18+	22.5	20.2 (18.0-23.0)	19.4**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	18.4	18.2 (16.1-21.3)	18.2**	2021
Current smokers V Substance Use	crude percent, adults 18+	14.2	9.9 (6.5-14.8)	9.4**	2021
Opioid-related overdose deaths among residents in 2022* vi Substance Use	rate per 10k residents	2.3	1.3 (0.0-4.8)	2.3	2022
Environmental Justice population* vii Environment	percent of population	87.2	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	-	2021
Walkability ix Environment	scale from 0 - 100	51.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	37.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values × Housing Insecurity	percent change, 4/2019-4/2023	26.5	27.5 (22.3-34.2)	25.7	2019, 2023
'Very low' income standard for federal housing programs, 4 person family*xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	36.4	24.1 (12.2-36.4)	25.7	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	45.0	63.0 (9.0-175.0+)	60.0	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	51.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	41.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	7.6	3.0 (1.7-7.6)	3.8**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	46.1	56.7 (46.1-62.4)	51.2**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	39.6	47.8 (39.6-54.9)	47**	2020
Been to a doctor for routine checkup within the past year ^v	crude percent, adults 18+	69.8	74.5 (69.8-76.9)	71.8**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	66.1	78.4 (66.1-83.0)	75.1**	2020

Framingham (01702) - Middlesex County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.9	7.2 (6.2-8.5)	7.1**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	27.1	25.6 (22.1-31.6)	23.4**	2021
Current asthma ^v	crude percent, adults 18+	11.4	10.3 (9.4-12.0)	9.9**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	156	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	82.7	88.1 (82.7-90.3)	85.7**	2020
Mammogram within the last two years v	crude percent, women 50-74	83.9	83.2 (79.6-86.2)	83.4**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	89.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	30.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Began in 1970

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^{*}Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Franklin (02038) - Norfolk County

Demographic	Units	Local value	MetroWest average (range)	County value	Measurement Period
Total population i	count	33,057	(538-41,505)	-	2017-2021
Median household income ii	dollars	127,608	(71,602-250,000+)	112,089	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	5.5	(0.0-15.6)	6.3	2017-2021
Population below 200% FPL vi	percent of population	10.1	12.4 (0.0-31.6)	14.2	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	13.8	12.8 (10.3-17.2)	13.8**	2021
Depression (as told by a medical professional)	crude percent, adults 18+	21.2	20.2 (18.0-23.0)	19.7**	2021
Engaged in binge drinking within the past month ' Substance Use	crude percent, adults 18+	20.5	18.2 (16.1-21.3)	18.8**	2021
Current smokers V Substance Use	crude percent, adults 18+	11.3	9.9 (6.5-14.8)	10.9**	2021
Opioid-related overdose deaths among residents in 2022* vi Substance Use	rate per 10k residents	0.9	1.3 (0.0-4.8)	2.2	2022
Environmental Justice population* vii Environment	percent of population	0.0	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	-	2021
Walkability ix Environment	scale from 0 - 100	22.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	25.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values ^x Housing Insecurity	percent change, 4/2019-4/2023	28.2	27.5 (22.3-34.2)	27.2	2019, 2023
'Very low' income standard for federal housing programs, 4 person family*xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	23.7	24.1 (12.2-36.4)	26.6	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	76.0	63.0 (9.0-175.0+)	71.3	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	54.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	61.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	2.9	3.0 (1.7-7.6)	3.7**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	58.1	56.7 (46.1-62.4)	56.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	44.8	47.8 (39.6-54.9)	44.2**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	72.6	74.5 (69.8-76.9)	72.7**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	77.5	78.4 (66.1-83.0)	74.7**	2020

Franklin (02038) - Norfolk County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	6.4	7.2 (6.2-8.5)	7.2**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	25.7	25.6 (22.1-31.6)	24.7**	2021
Current asthma ^v	crude percent, adults 18+	10.3	10.3 (9.4-12.0)	10.1**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	66	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	88.4	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years v	crude percent, women 50-74	80.6	83.2 (79.6-86.2)	78.9**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	86.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	34.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

[&]quot;Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

iv Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

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viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Fluoridation began in 1970.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

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xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Holliston (01746) - Middlesex County

Demographic

	O.III.	value	average (range)	value	Period
Total population i	count	14,386	(538-41,505)	-	2017-2021
Median household income ⁱⁱ	dollars	142,339	(71,602-250,000+)	111,790	2017-2021
Population below federal poverty level (FPL) iii	percent of population	2.7	(0.0-15.6)	7.4	2017-2021
Population below 200% FPL vi	percent of population	7.0	12.4 (0.0-31.6)	16	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	11.8	12.8 (10.3-17.2)	13.2**	2021
Depression (as told by a medical professional) ^v Mental Health	crude percent, adults 18+	20.0	20.2 (18.0-23.0)	19.4**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	19.1	18.2 (16.1-21.3)	18.2**	2021
Current smokers v Substance Use	crude percent, adults 18+	8.3	9.9 (6.5-14.8)	9.4**	2021
Opioid-related overdose deaths among residents in 2022*vi Substance Use	rate per 10k residents	0.0	1.3 (0.0-4.8)	2.3	2022
Environmental Justice population* vii Environment	percent of population	7.8	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	-	2021
Walkability ix Environment	scale from 0 - 100	21.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	63.0	(25.0-63.0)	1	As of 9/2023
Growth in typical home values × Housing Insecurity	percent change, 4/2019-4/2023	28.3	27.5 (22.3-34.2)	25.7	2019, 2023
'Very low' income standard for federal housing programs, 4 person family* xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	23.3	24.1 (12.2-36.4)	25.7	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	59.0	63.0 (9.0-175.0+)	60.0	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	65.0	59.8 (51.0-85.0)	1	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	57.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	2.3	3.0 (1.7-7.6)	3.8**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	54.4	56.7 (46.1-62.4)	51.2**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	50.4	47.8 (39.6-54.9)	47**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	74.0	74.5 (69.8-76.9)	71.8**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	80.9	78.4 (66.1-83.0)	75.1**	2020

Units

MetroWest

Local

County

Measurement

Period

Holliston (01746) - Middlesex County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	6.7	7.2 (6.2-8.5)	7.1**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	24.0	25.6 (22.1-31.6)	23.4**	2021
Current asthma ^v	crude percent, adults 18+	9.9	10.3 (9.4-12.0)	9.9**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	33	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	89.5	88.1 (82.7-90.3)	85.7**	2020
Mammogram within the last two years v	crude percent, women 50-74	85.6	83.2 (79.6-86.2)	83.4**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	92.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	41.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

iv Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

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vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

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^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

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xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Hopedale (01747) - Worcester County

Demographic

Demographic	Offits	value	average (range)	value	Period
Total population i	count	6,012	(538-41,505)	ı	2017-2021
Median household income ⁱⁱ	dollars	113,300	(71,602-250,000+)	81,660	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	6.0	(0.0-15.6)	9.8	2017-2021
Population below 200% FPL vi	percent of population	10.7	12.4 (0.0-31.6)	22.0	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	14.9	12.8 (10.3-17.2)	16.5**	2021
Depression (as told by a medical professional) ^v Mental Health	crude percent, adults 18+	22.0	20.2 (18.0-23.0)	22.1**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	17.1	18.2 (16.1-21.3)	17.1**	2021
Current smokers v Substance Use	crude percent, adults 18+	12.2	9.9 (6.5-14.8)	13.4**	2021
Opioid-related overdose deaths among residents in 2022*vi Substance Use	rate per 10k residents	0.0	1.3 (0.0-4.8)	3.8	2022
Environmental Justice population* vii Environment	percent of population	0.0	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	No	-	-	2021
Walkability ix Environment	scale from 0 - 100	17.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	31.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values × Housing Insecurity	percent change, 4/2019-4/2023	28.5	27.5 (22.3-34.2)	41.4	2019, 2023
'Very low' income standard for federal housing programs, 4 person family*xi Housing Insecurity	dollars	69,350	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	30.3	24.1 (12.2-36.4)	25.4	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	59.0	63.0 (9.0-175.0+)	57.1	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	61.0	59.8 (51.0-85.0)	ı	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	49.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	3.3	3.0 (1.7-7.6)	5.3**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	58.1	56.7 (46.1-62.4)	55.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	48.8	47.8 (39.6-54.9)	48.7**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	76.4	74.5 (69.8-76.9)	74.6**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	77.2	78.4 (66.1-83.0)	72.2**	2020

Units

Local

MetroWest

County

Hopedale (01747) - Worcester County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.9	7.2 (6.2-8.5)	8.4**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	30.2	25.6 (22.1-31.6)	31.2**	2021
Current asthma ^v	crude percent, adults 18+	11.4	10.3 (9.4-12.0)	11.7**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	16	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	87.8	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years v	crude percent, women 50-74	82.9	83.2 (79.6-86.2)	80.3**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	84.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	30.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

iv Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. A community-level water source is not available in this community.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^{*}Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Hopkinton (01748) - Middlesex County

Demographic

Domographio	Critic	value	average (range)	value	Period
Total population i	count	18,501	(538-41,505)	-	2017-2021
Median household income ⁱⁱ	dollars	179,192	(71,602-250,000+)	111,790	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	3.9	(0.0-15.6)	7.4	2017-2021
Population below 200% FPL vi	percent of population	7.0	12.4 (0.0-31.6)	16	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month Mental Health	crude percent, adults 18+	12.0	12.8 (10.3-17.2)	13.2**	2021
Depression (as told by a medical professional) Mental Health	crude percent, adults 18+	20.1	20.2 (18.0-23.0)	19.4**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	19.6	18.2 (16.1-21.3)	18.2**	2021
Current smokers v Substance Use	crude percent, adults 18+	8.4	9.9 (6.5-14.8)	9.4**	2021
Opioid-related overdose deaths among residents in 2022* vi Substance Use	rate per 10k residents	0.5	1.3 (0.0-4.8)	2.3	2022
Environmental Justice population* vii Environment	percent of population	14.5	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	No	-		2021
Walkability ix Environment	scale from 0 - 100	1.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	37.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values × Housing Insecurity	percent change, 4/2019-4/2023	32.8	27.5 (22.3-34.2)	25.7	2019, 2023
'Very low' income standard for federal housing programs, 4 person family* xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	22.9	24.1 (12.2-36.4)	25.7	2017-2021
Growth in SNAP caseload (households) xiii Food Insecurity	percent change, 4/2019-4/2023	72.0	63.0 (9.0-175.0+)	60.0	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	64.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	65.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	2.3	3.0 (1.7-7.6)	3.8**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	53.9	56.7 (46.1-62.4)	51.2**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	50.0	47.8 (39.6-54.9)	47**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	72.9	74.5 (69.8-76.9)	71.8**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	80.7	78.4 (66.1-83.0)	75.1**	2020

Units

Local

MetroWest

County

Hopkinton (01748) - Middlesex County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	6.2	7.2 (6.2-8.5)	7.1**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	24.1	25.6 (22.1-31.6)	23.4**	2021
Current asthma ^v	crude percent, adults 18+	10.0	10.3 (9.4-12.0)	9.9**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	65	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	89.5	88.1 (82.7-90.3)	85.7**	2020
Mammogram within the last two years ^v	crude percent, women 50-74	85.8	83.2 (79.6-86.2)	83.4**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	94.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	40.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. A community-level water source is available in this community.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^x Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Hudson (01749) - Middlesex County

Demographic	Units	Local value	MetroWest average (range)	County value	Measurement Period
Total population i	count	20,032	(538-41,505)	-	2017-2021
Median household income ii	dollars	94,191	(71,602-250,000+)	111,790	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	5.7	(0.0-15.6)	7.4	2017-2021
Population below 200% FPL vi	percent of population	14.8	12.4 (0.0-31.6)	16	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	13.9	12.8 (10.3-17.2)	13.2**	2021
Depression (as told by a medical professional)	crude percent, adults 18+	21.5	20.2 (18.0-23.0)	19.4**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	19.0	18.2 (16.1-21.3)	18.2**	2021
Current smokers V Substance Use	crude percent, adults 18+	11.4	9.9 (6.5-14.8)	9.4**	2021
Opioid-related overdose deaths among residents in 2022*vi Substance Use	rate per 10k residents	0.0	1.3 (0.0-4.8)	2.3	2022
Environmental Justice population* ii Environment	percent of population	24.0	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	ı	2021
Walkability ix Environment	scale from 0 - 100	75.0	(1.0-75.0)	ı	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	ı	(25.0-63.0)	ı	As of 9/2023
Growth in typical home values x Housing Insecurity	percent change, 4/2019-4/2023	28.4	27.5 (22.3-34.2)	25.7	2019, 2023
'Very low' income standard for federal housing programs, 4 person family* xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	28.7	24.1 (12.2-36.4)	25.7	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	51.0	63.0 (9.0-175.0+)	60.0	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	58.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)*xv Food Insecurity	percent of eligible population	52.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	3.8	3.0 (1.7-7.6)	3.8**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	51.2	56.7 (46.1-62.4)	51.2**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	46.8	47.8 (39.6-54.9)	47**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	72.6	74.5 (69.8-76.9)	71.8**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	75.2	78.4 (66.1-83.0)	75.1**	2020

Hudson (01749) - Middlesex County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.4	7.2 (6.2-8.5)	7.1**	2021
Obesity (calculated from self-reported weight and height) ^v	crude percent, adults 18+	25.4	25.6 (22.1-31.6)	23.4**	2021
Current asthma ^v	crude percent, adults 18+	10.5	10.3 (9.4-12.0)	9.9**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	67	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) v	crude percent, women 21-65	87.4	88.1 (82.7-90.3)	85.7**	2020
Mammogram within the last two years v	crude percent, women 50-74	84.0	83.2 (79.6-86.2)	83.4**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	87.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	30.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Began in 1985

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^x Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Marlborough (01752) - Middlesex County

Demographic	Units	value	average (range)	value	Period
Total population i	count	41,505	(538-41,505)	-	2017-2021
Median household income ii	dollars	86,230	(71,602-250,000+)	111,790	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	8.3	(0.0-15.6)	7.4	2017-2021
Population below 200% FPL vi	percent of population	22.1	12.4 (0.0-31.6)	16	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	14.9	12.8 (10.3-17.2)	13.2**	2021
Depression (as told by a medical professional)	crude percent, adults 18+	21.6	20.2 (18.0-23.0)	19.4**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	18.9	18.2 (16.1-21.3)	18.2**	2021
Current smokers V Substance Use	crude percent, adults 18+	12.4	9.9 (6.5-14.8)	9.4**	2021
Opioid-related overdose deaths among residents in 2022***i Substance Use	rate per 10k residents	2.4	1.3 (0.0-4.8)	2.3	2022
Environmental Justice population* ii Environment	percent of population	79.1	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	-	2021
Walkability ix Environment	scale from 0 - 100	41.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	29.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values * Housing Insecurity	percent change, 4/2019-4/2023	28.4	27.5 (22.3-34.2)	25.7	2019, 2023
'Very low' income standard for federal housing programs, 4 person family*xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	29.2	24.1 (12.2-36.4)	25.7	2017-2021
Growth in SNAP caseload (households) xiii Food Insecurity	percent change, 4/2019-4/2023	79.0	63.0 (9.0-175.0+)	60.0	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	56.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	39.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	4.9	3.0 (1.7-7.6)	3.8**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	48.9	56.7 (46.1-62.4)	51.2**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	43.4	47.8 (39.6-54.9)	47**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	71.4	74.5 (69.8-76.9)	71.8**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	71.7	78.4 (66.1-83.0)	75.1**	2020

MetroWest

County

Marlborough (01752) - Middlesex County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.6	7.2 (6.2-8.5)	7.1**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	26.3	25.6 (22.1-31.6)	23.4**	2021
Current asthma ^v	crude percent, adults 18+	10.7	10.3 (9.4-12.0)	9.9**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	117	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	85.6	88.1 (82.7-90.3)	85.7**	2020
Mammogram within the last two years v	crude percent, women 50-74	84.0	83.2 (79.6-86.2)	83.4**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	86.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	25.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Began in 1982

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^x Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Medfield (02052) - Norfolk County

Demographic	Units	Local value	MetroWest average (range)	County value	Measurement Period
Total population i	count	12,775	(538-41,505)	-	2017-2021
Median household income ii	dollars	196,820	(71,602-250,000+)	112,089	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	2.7	(0.0-15.6)	6.3	2017-2021
Population below 200% FPL vi	percent of population	7.5	12.4 (0.0-31.6)	14.2	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	12.1	12.8 (10.3-17.2)	13.8**	2021
Depression (as told by a medical professional)	crude percent, adults 18+	20.0	20.2 (18.0-23.0)	19.7**	2021
Engaged in binge drinking within the past month ^v Substance Use	crude percent, adults 18+	18.7	18.2 (16.1-21.3)	18.8**	2021
Current smokers V Substance Use	crude percent, adults 18+	9.2	9.9 (6.5-14.8)	10.9**	2021
Opioid-related overdose deaths among residents in 2022**i Substance Use	rate per 10k residents	0.0	1.3 (0.0-4.8)	2.2	2022
Environmental Justice population* ii Environment	percent of population	0.0	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	No	-	-	2021
Walkability ix Environment	scale from 0 - 100	5.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	50.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values * Housing Insecurity	percent change, 4/2019-4/2023	23.6	27.5 (22.3-34.2)	27.2	2019, 2023
'Very low' income standard for federal housing programs, 4 person family*xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	20.7	24.1 (12.2-36.4)	26.6	2017-2021
Growth in SNAP caseload (households) xiii Food Insecurity	percent change, 4/2019-4/2023	96.0	63.0 (9.0-175.0+)	71.3	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	67.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	46.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	2.2	3.0 (1.7-7.6)	3.7**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	59.2	56.7 (46.1-62.4)	56.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	46.7	47.8 (39.6-54.9)	44.2**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	75.1	74.5 (69.8-76.9)	72.7**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	80.4	78.4 (66.1-83.0)	74.7**	2020

Medfield (02052) - Norfolk County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.1	7.2 (6.2-8.5)	7.2**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	25.4	25.6 (22.1-31.6)	24.7**	2021
Current asthma ^v	crude percent, adults 18+	10.1	10.3 (9.4-12.0)	10.1**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	53	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	89.6	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years v	crude percent, women 50-74	81.8	83.2 (79.6-86.2)	78.9**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	94.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	42.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. A community-level water source is available in this community.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^{*}Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Medway (02053) - Norfolk County

Demographic	Units	Local value	MetroWest average (range)	County value	Measurement Period
Total population i	count	13,610	(538-41,505)	-	2017-2021
Median household income ii	dollars	147,276	(71,602-250,000+)	112,089	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	5.8	(0.0-15.6)	6.3	2017-2021
Population below 200% FPL vi	percent of population	10.7	12.4 (0.0-31.6)	14.2	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month Mental Health	crude percent, adults 18+	13.3	12.8 (10.3-17.2)	13.8**	2021
Depression (as told by a medical professional) Mental Health	crude percent, adults 18+	21.0	20.2 (18.0-23.0)	19.7**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	19.7	18.2 (16.1-21.3)	18.8**	2021
Current smokers V Substance Use	crude percent, adults 18+	11.0	9.9 (6.5-14.8)	10.9**	2021
Opioid-related overdose deaths among residents in 2022*vi Substance Use	rate per 10k residents	8.0	1.3 (0.0-4.8)	2.2	2022
Environmental Justice population* vii Environment	percent of population	0.0	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	ı	2021
Walkability ix Environment	scale from 0 - 100	19.0	(1.0-75.0)	ı	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	25.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values * Housing Insecurity	percent change, 4/2019-4/2023	26.1	27.5 (22.3-34.2)	27.2	2019, 2023
'Very low' income standard for federal housing programs, 4 person family*xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	22.7	24.1 (12.2-36.4)	26.6	2017-2021
Growth in SNAP caseload (households) xiii Food Insecurity	percent change, 4/2019-4/2023	102.0	63.0 (9.0-175.0+)	71.3	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	60.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)*xv Food Insecurity	percent of eligible population	69.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	2.8	3.0 (1.7-7.6)	3.7**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	58.0	56.7 (46.1-62.4)	56.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	44.1	47.8 (39.6-54.9)	44.2**	2020
Been to a doctor for routine checkup within the past year ^v	crude percent, adults 18+	73.6	74.5 (69.8-76.9)	72.7**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	78.0	78.4 (66.1-83.0)	74.7**	2020

MetroWest

Medway (02053) - Norfolk County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes v	crude percent, adults 18+	6.8	7.2 (6.2-8.5)	7.2**	2021
Obesity (calculated from self-reported weight and height) ^v	crude percent, adults 18+	26.1	25.6 (22.1-31.6)	24.7**	2021
Current asthma ^v	crude percent, adults 18+	10.3	10.3 (9.4-12.0)	10.1**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	40	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	88.6	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years ^v	crude percent, women 50-74	81.1	83.2 (79.6-86.2)	78.9**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	89.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	36.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Fluoridation began in 1953.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^{*}Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Mendon (01756) - Worcester County

Demographic

Demographic	Offits	value	average (range)	value	Period
Total population i	count	6,212	(538-41,505)	ı	2017-2021
Median household income ⁱⁱ	dollars	133,850	(71,602-250,000+)	81,660	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	3.9	(0.0-15.6)	9.8	2017-2021
Population below 200% FPL vi	percent of population	7.5	12.4 (0.0-31.6)	22.0	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	14.4	12.8 (10.3-17.2)	16.5**	2021
Depression (as told by a medical professional) ^v Mental Health	crude percent, adults 18+	21.7	20.2 (18.0-23.0)	22.1**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	18.0	18.2 (16.1-21.3)	17.1**	2021
Current smokers v Substance Use	crude percent, adults 18+	11.4	9.9 (6.5-14.8)	13.4**	2021
Opioid-related overdose deaths among residents in 2022*vi Substance Use	rate per 10k residents	4.8	1.3 (0.0-4.8)	3.8	2022
Environmental Justice population* vii Environment	percent of population	0.0	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	No	-	-	2021
Walkability ix Environment	scale from 0 - 100	5.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	29.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values × Housing Insecurity	percent change, 4/2019-4/2023	32.9	27.5 (22.3-34.2)	41.4	2019, 2023
'Very low' income standard for federal housing programs, 4 person family*xi Housing Insecurity	dollars	69,350	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	14.5	24.1 (12.2-36.4)	25.4	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	93.0	63.0 (9.0-175.0+)	57.1	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	64.0	59.8 (51.0-85.0)	ı	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	57.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	2.8	3.0 (1.7-7.6)	5.3**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	59.0	56.7 (46.1-62.4)	55.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	53.0	47.8 (39.6-54.9)	48.7**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	76.2	74.5 (69.8-76.9)	74.6**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	79.4	78.4 (66.1-83.0)	72.2**	2020

Units

Local

MetroWest

County

Mendon (01756) - Worcester County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.3	7.2 (6.2-8.5)	8.4**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	30.3	25.6 (22.1-31.6)	31.2**	2021
Current asthma ^v	crude percent, adults 18+	11.2	10.3 (9.4-12.0)	11.7**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	14	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	88.5	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years v	crude percent, women 50-74	83.2	83.2 (79.6-86.2)	80.3**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	82.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	29.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

iv Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. A community-level water source is not available in this community.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^{*}Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Milford (01757) - Worcester County

Demographic	Units	Local value	MetroWest average (range)	County value	Measurement Period
Total population i	count	30,294	(538-41,505)	-	2017-2021
Median household income ⁱⁱ	dollars	89,273	(71,602-250,000+)	81,660	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	9.7	(0.0-15.6)	9.8	2017-2021
Population below 200% FPL vi	percent of population	18.4	12.4 (0.0-31.6)	22.0	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month v Mental Health	crude percent, adults 18+	16.9	12.8 (10.3-17.2)	16.5**	2021
Depression (as told by a medical professional)	crude percent, adults 18+	23.0	20.2 (18.0-23.0)	22.1**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	17.1	18.2 (16.1-21.3)	17.1**	2021
Current smokers V Substance Use	crude percent, adults 18+	14.8	9.9 (6.5-14.8)	13.4**	2021
Opioid-related overdose deaths among residents in 2022* vi Substance Use	rate per 10k residents	3.0	1.3 (0.0-4.8)	3.8	2022
Environmental Justice population* ii Environment	percent of population	76.1	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	No	-	-	2021
Walkability ix Environment	scale from 0 - 100	46.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	41.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values * Housing Insecurity	percent change, 4/2019-4/2023	33.9	27.5 (22.3-34.2)	41.4	2019, 2023
'Very low' income standard for federal housing programs, 4 person family*xi Housing Insecurity	dollars	69,350	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	23.9	24.1 (12.2-36.4)	25.4	2017-2021
Growth in SNAP caseload (households) xiii Food Insecurity	percent change, 4/2019-4/2023	56.0	63.0 (9.0-175.0+)	57.1	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	71.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	50.0	47.0 (39.0-69.0)	-	2021
			,		
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	5.4	3.0 (1.7-7.6)	5.3**	2021
Men up to date on a core set of clinical preventive services ^v	crude percent, men 65+	55.2	56.7 (46.1-62.4)	55.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	46.8	47.8 (39.6-54.9)	48.7**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	74.8	74.5 (69.8-76.9)	74.6**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	71.8	78.4 (66.1-83.0)	72.2**	2020

Milford (01757) - Worcester County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	8.5	7.2 (6.2-8.5)	8.4**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	31.6	25.6 (22.1-31.6)	31.2**	2021
Current asthma ^v	crude percent, adults 18+	12.0	10.3 (9.4-12.0)	11.7**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	41	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	85.3	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years v	crude percent, women 50-74	82.3	83.2 (79.6-86.2)	80.3**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	85.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	25.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. A community-level water source is available in this community.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^x Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Millis (02054) - Norfolk County

Demographic	Units	Local value	MetroWest average (range)	County value	Measurement Period
Total population i	count	8,481	(538-41,505)	-	2017-2021
Median household income ii	dollars	131,138	(71,602-250,000+)	112,089	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	3.0	(0.0-15.6)	6.3	2017-2021
Population below 200% FPL vi	percent of population	11.8	12.4 (0.0-31.6)	14.2	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month	crude percent, adults 18+	13.3	12.8 (10.3-17.2)	13.8**	2021
Depression (as told by a medical professional) Mental Health	crude percent, adults 18+	20.9	20.2 (18.0-23.0)	19.7**	2021
Engaged in binge drinking within the past month ' Substance Use	crude percent, adults 18+	19.7	18.2 (16.1-21.3)	18.8**	2021
Current smokers V Substance Use	crude percent, adults 18+	11.5	9.9 (6.5-14.8)	10.9**	2021
Opioid-related overdose deaths among residents in 2022* vi Substance Use	rate per 10k residents	2.4	1.3 (0.0-4.8)	2.2	2022
Environmental Justice population* vii Environment	percent of population	16.7	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	-	2021
Walkability ix Environment	scale from 0 - 100	28.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	40.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values × Housing Insecurity	percent change, 4/2019-4/2023	25.7	27.5 (22.3-34.2)	27.2	2019, 2023
'Very low' income standard for federal housing programs, 4 person family*xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	12.2	24.1 (12.2-36.4)	26.6	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	62.0	63.0 (9.0-175.0+)	71.3	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	57.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	67.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	2.9	3.0 (1.7-7.6)	3.7**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	57.9	56.7 (46.1-62.4)	56.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	46.2	47.8 (39.6-54.9)	44.2**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	73.6	74.5 (69.8-76.9)	72.7**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	77.6	78.4 (66.1-83.0)	74.7**	2020

Millis (02054) - Norfolk County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.0	7.2 (6.2-8.5)	7.2**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	25.9	25.6 (22.1-31.6)	24.7**	2021
Current asthma ^v	crude percent, adults 18+	10.2	10.3 (9.4-12.0)	10.1**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	27	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	88.5	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years ^v	crude percent, women 50-74	80.4	83.2 (79.6-86.2)	78.9**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	91.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	38.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Fluoridation began in 1988.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^{*}Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Natick (01760) - Middlesex County

Demographic	Units	Local value	MetroWest average (range)	County value	Measurement Period
Total population i	count	36,354	(538-41,505)	-	2017-2021
Median household income ii	dollars	123,109	(71,602-250,000+)	111,790	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	4.3	(0.0-15.6)	7.4	2017-2021
Population below 200% FPL vi	percent of population	10.8	12.4 (0.0-31.6)	16	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	11.8	12.8 (10.3-17.2)	13.2**	2021
Depression (as told by a medical professional)	crude percent, adults 18+	19.6	20.2 (18.0-23.0)	19.4**	2021
Engaged in binge drinking within the past month ' Substance Use	crude percent, adults 18+	18.4	18.2 (16.1-21.3)	18.2**	2021
Current smokers V Substance Use	crude percent, adults 18+	8.1	9.9 (6.5-14.8)	9.4**	2021
Opioid-related overdose deaths among residents in 2022*vi Substance Use	rate per 10k residents	1.6	1.3 (0.0-4.8)	2.3	2022
Environmental Justice population* ii Environment	percent of population	36.6	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	-	2021
Walkability ix Environment	scale from 0 - 100	65.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	38.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values ^x Housing Insecurity	percent change, 4/2019-4/2023	25.8	27.5 (22.3-34.2)	25.7	2019, 2023
'Very low' income standard for federal housing programs, 4 person family* xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	27.5	24.1 (12.2-36.4)	25.7	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	61.0	63.0 (9.0-175.0+)	60.0	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	57.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	53.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	2.5	3.0 (1.7-7.6)	3.8**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	54.0	56.7 (46.1-62.4)	51.2**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	48.7	47.8 (39.6-54.9)	47**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	73.6	74.5 (69.8-76.9)	71.8**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	79.7	78.4 (66.1-83.0)	75.1**	2020

Natick (01760) - Middlesex County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	6.7	7.2 (6.2-8.5)	7.1**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	23.2	25.6 (22.1-31.6)	23.4**	2021
Current asthma ^v	crude percent, adults 18+	9.8	10.3 (9.4-12.0)	9.9**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	79	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	88.6	88.1 (82.7-90.3)	85.7**	2020
Mammogram within the last two years v	crude percent, women 50-74	85.3	83.2 (79.6-86.2)	83.4**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	93.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	43.0	36.6 (25.0-52.0)	-	As of 4/2023
Received a COVID-19 booster snot after 9/1/2022 * ***	percent of eligible population		36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

[&]quot;Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Began in 1997

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^x Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Needham (02492) - Norfolk County

Demographic

		value	average (range)	value	Period
Total population i	count	20,927	(538-41,505)	-	2017-2021
Median household income ⁱⁱ	dollars	190,651	(71,602-250,000+)	112,089	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	2.2	(0.0-15.6)	6.3	2017-2021
Population below 200% FPL vi	percent of population	6.2	12.4 (0.0-31.6)	14.2	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	11.0	12.8 (10.3-17.2)	13.8**	2021
Depression (as told by a medical professional) ^v Mental Health	crude percent, adults 18+	18.6	20.2 (18.0-23.0)	19.7**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	17.7	18.2 (16.1-21.3)	18.8**	2021
Current smokers v Substance Use	crude percent, adults 18+	7.9	9.9 (6.5-14.8)	10.9**	2021
Opioid-related overdose deaths among residents in 2022**i Substance Use	rate per 10k residents	0.3	1.3 (0.0-4.8)	2.2	2022
Environmental Justice population* vii Environment	percent of population	0.0	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	-	2021
Walkability ix Environment	scale from 0 - 100	34.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	35.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values × Housing Insecurity	percent change, 4/2019-4/2023	28.0	27.5 (22.3-34.2)	27.2	2019, 2023
'Very low' income standard for federal housing programs, 4 person family* xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	19.2	24.1 (12.2-36.4)	26.6	2017-2021
Growth in SNAP caseload (households) xiii Food Insecurity	percent change, 4/2019-4/2023	63.0	63.0 (9.0-175.0+)	71.3	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	57.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)*xv Food Insecurity	percent of eligible population	62.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	2.2	3.0 (1.7-7.6)	3.7**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	60.6	56.7 (46.1-62.4)	56.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	45.7	47.8 (39.6-54.9)	44.2**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	76.0	74.5 (69.8-76.9)	72.7**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	81.5	78.4 (66.1-83.0)	74.7**	2020

Units

MetroWest

Local

County

Measurement

Period

Needham (02492) - Norfolk County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.1	7.2 (6.2-8.5)	7.2**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	23.3	25.6 (22.1-31.6)	24.7**	2021
Current asthma ^v	crude percent, adults 18+	9.6	10.3 (9.4-12.0)	10.1**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	68	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	89.5	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years v	crude percent, women 50-74	81.6	83.2 (79.6-86.2)	78.9**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	0.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	52.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

[&]quot;Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

iv Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Fluoridation began in 1971.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^x Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Needham (02494) - Norfolk County

Demographic	Units	Local value	MetroWest average (range)	County value	Measurement Period
Total population i	count	10,881	(538-41,505)	-	2017-2021
Median household income ii	dollars	153,285	(71,602-250,000+)	112,089	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	2.7	(0.0-15.6)	6.3	2017-2021
Population below 200% FPL vi	percent of population	7.3	12.4 (0.0-31.6)	14.2	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month	crude percent, adults 18+	11.5	12.8 (10.3-17.2)	13.8**	2021
Depression (as told by a medical professional) Mental Health	crude percent, adults 18+	18.8	20.2 (18.0-23.0)	19.7**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	17.8	18.2 (16.1-21.3)	18.8**	2021
Current smokers V Substance Use	crude percent, adults 18+	8.8	9.9 (6.5-14.8)	10.9**	2021
Opioid-related overdose deaths among residents in 2022* vi Substance Use	rate per 10k residents	0.3	1.3 (0.0-4.8)	2.2	2022
Environmental Justice population* vii Environment	percent of population	0.0	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	-	2021
Walkability ix Environment	scale from 0 - 100	52.0	(1.0-75.0)	ı	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	35.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values ^x Housing Insecurity	percent change, 4/2019-4/2023	22.6	27.5 (22.3-34.2)	27.2	2019, 2023
'Very low' income standard for federal housing programs, 4 person family*xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	28.7	24.1 (12.2-36.4)	26.6	2017-2021
Growth in SNAP caseload (households) xiii Food Insecurity	percent change, 4/2019-4/2023	86.0	63.0 (9.0-175.0+)	71.3	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	0.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	62.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	2.4	3.0 (1.7-7.6)	3.7**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	59.6	56.7 (46.1-62.4)	56.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	44.1	47.8 (39.6-54.9)	44.2**	2020
Been to a doctor for routine checkup within the past year ^v	crude percent, adults 18+	75.3	74.5 (69.8-76.9)	72.7**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	79.8	78.4 (66.1-83.0)	74.7**	2020

Needham (02494) - Norfolk County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.2	7.2 (6.2-8.5)	7.2**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	23.7	25.6 (22.1-31.6)	24.7**	2021
Current asthma ^v	crude percent, adults 18+	9.6	10.3 (9.4-12.0)	10.1**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	68	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	89.0	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years ^v	crude percent, women 50-74	81.0	83.2 (79.6-86.2)	78.9**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	0.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	52.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Fluoridation began in 1971.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^x Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Norfolk (02056) - Norfolk County

Demographic

Domograpino	O'III.S	value	average (range)	value	Period
Total population i	count	11,531	(538-41,505)	-	2017-2021
Median household income ⁱⁱ	dollars	168,281	(71,602-250,000+)	112,089	2017-2021
Population below federal poverty level (FPL) iii	percent of population	1.5	(0.0-15.6)	6.3	2017-2021
Population below 200% FPL vi	percent of population	3.4	12.4 (0.0-31.6)	14.2	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month Mental Health	crude percent, adults 18+	12.9	12.8 (10.3-17.2)	13.8**	2021
Depression (as told by a medical professional) Mental Health	crude percent, adults 18+	19.3	20.2 (18.0-23.0)	19.7**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	21.3	18.2 (16.1-21.3)	18.8**	2021
Current smokers v Substance Use	crude percent, adults 18+	12.3	9.9 (6.5-14.8)	10.9**	2021
Opioid-related overdose deaths among residents in 2022**i Substance Use	rate per 10k residents	0.9	1.3 (0.0-4.8)	2.2	2022
Environmental Justice population* vii Environment	percent of population	12.7	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	No	-		2021
Walkability ix Environment	scale from 0 - 100	49.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	33.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values × Housing Insecurity	percent change, 4/2019-4/2023	25.4	27.5 (22.3-34.2)	27.2	2019, 2023
'Very low' income standard for federal housing programs, 4 person family* xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	13.4	24.1 (12.2-36.4)	26.6	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	74.0	63.0 (9.0-175.0+)	71.3	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	71.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	67.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	4.2	3.0 (1.7-7.6)	3.7**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	56.3	56.7 (46.1-62.4)	56.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	45.4	47.8 (39.6-54.9)	44.2**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	72.1	74.5 (69.8-76.9)	72.7**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	75.3	78.4 (66.1-83.0)	74.7**	2020

Units

Local

MetroWest

County

Norfolk (02056) - Norfolk County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.2	7.2 (6.2-8.5)	7.2**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	27.5	25.6 (22.1-31.6)	24.7**	2021
Current asthma ^v	crude percent, adults 18+	9.7	10.3 (9.4-12.0)	10.1**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	16	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	88.6	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years v	crude percent, women 50-74	80.6	83.2 (79.6-86.2)	78.9**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	87.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	35.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. A community-level water source is available in this community.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^x Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Northborough (01532) - Worcester County

Demographic

Demographic	Units	value	average (range)	value	Period
Total population i	count	15,605	(538-41,505)	-	2017-2021
Median household income ii	dollars	148,010	(71,602-250,000+)	81,660	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	4.3	(0.0-15.6)	9.8	2017-2021
Population below 200% FPL vi	percent of population	10.5	12.4 (0.0-31.6)	22.0	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	13.0	12.8 (10.3-17.2)	16.5**	2021
Depression (as told by a medical professional) Mental Health	crude percent, adults 18+	20.0	20.2 (18.0-23.0)	22.1**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	16.7	18.2 (16.1-21.3)	17.1**	2021
Current smokers V Substance Use	crude percent, adults 18+	9.4	9.9 (6.5-14.8)	13.4**	2021
Opioid-related overdose deaths among residents in 2022* vi Substance Use	rate per 10k residents	0.6	1.3 (0.0-4.8)	3.8	2022
Environmental Justice population* vii Environment	percent of population	0.0	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	-	2021
Walkability ix Environment	scale from 0 - 100	3.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	41.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values × Housing Insecurity	percent change, 4/2019-4/2023	26.5	27.5 (22.3-34.2)	41.4	2019, 2023
'Very low' income standard for federal housing programs, 4 person family* xi Housing Insecurity	dollars	58,500	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	19.0	24.1 (12.2-36.4)	25.4	2017-2021
Growth in SNAP caseload (households) xiii Food Insecurity	percent change, 4/2019-4/2023	68.0	63.0 (9.0-175.0+)	57.1	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	64.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	45.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	2.6	3.0 (1.7-7.6)	5.3**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	61.1	56.7 (46.1-62.4)	55.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	52.7	47.8 (39.6-54.9)	48.7**	2020
Been to a doctor for routine checkup within the past year ^v	crude percent, adults 18+	76.9	74.5 (69.8-76.9)	74.6**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	80.4	78.4 (66.1-83.0)	72.2**	2020

Units

MetroWest

Local

Measurement

County

Northborough (01532) - Worcester County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.5	7.2 (6.2-8.5)	8.4**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	27.8	25.6 (22.1-31.6)	31.2**	2021
Current asthma ^v	crude percent, adults 18+	10.7	10.3 (9.4-12.0)	11.7**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	30	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	88.2	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years v	crude percent, women 50-74	83.7	83.2 (79.6-86.2)	80.3**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	91.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	37.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Fluoridation began in 2001.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^{*}Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Sherborn (01770) - Middlesex County

Demographic

		Value	average (range)	Value	l choa
Total population i	count	4,406	(538-41,505)	-	2017-2021
Median household income ii	dollars	218,906	(71,602-250,000+)	111,790	2017-2021
Population below federal poverty level (FPL) iii	percent of population	2.8	(0.0-15.6)	7.4	2017-2021
Population below 200% FPL vi	percent of population	3.6	12.4 (0.0-31.6)	16	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	10.5	12.8 (10.3-17.2)	13.2**	2021
Depression (as told by a medical professional) ^v Mental Health	crude percent, adults 18+	18.9	20.2 (18.0-23.0)	19.4**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	17.4	18.2 (16.1-21.3)	18.2**	2021
Current smokers v Substance Use	crude percent, adults 18+	6.5	9.9 (6.5-14.8)	9.4**	2021
Opioid-related overdose deaths among residents in 2022*vi Substance Use	rate per 10k residents	0.0	1.3 (0.0-4.8)	2.3	2022
Environmental Justice population* vii Environment	percent of population	0.0	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	No	-	-	2021
Walkability ix Environment	scale from 0 - 100	48.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	29.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values × Housing Insecurity	percent change, 4/2019-4/2023	26.3	27.5 (22.3-34.2)	25.7	2019, 2023
'Very low' income standard for federal housing programs, 4 person family*xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone ^{xii} Housing Insecurity	percent of adults 65+	14.0	24.1 (12.2-36.4)	25.7	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	9.0	63.0 (9.0-175.0+)	60.0	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	79.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)*xv Food Insecurity	percent of eligible population	0.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	1.7	3.0 (1.7-7.6)	3.8**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	56.3	56.7 (46.1-62.4)	51.2**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	52.1	47.8 (39.6-54.9)	47**	2020
Been to a doctor for routine checkup within the past year ^v	crude percent, adults 18+	76.0	74.5 (69.8-76.9)	71.8**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	83.0	78.4 (66.1-83.0)	75.1**	2020

Units

MetroWest

average (range)

Local

value

County

value

Measurement

Period

Sherborn (01770) - Middlesex County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.1	7.2 (6.2-8.5)	7.1**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	23.4	25.6 (22.1-31.6)	23.4**	2021
Current asthma ^v	crude percent, adults 18+	9.7	10.3 (9.4-12.0)	9.9**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	16	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	90.3	88.1 (82.7-90.3)	85.7**	2020
Mammogram within the last two years ^v	crude percent, women 50-74	86.2	83.2 (79.6-86.2)	83.4**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	94.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	48.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

iii Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. A community-level water source is not available in this community.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^{*}Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Southborough (01745) - Worcester County

Demographic

Demographic	Offits	value	average (range)	value	Period
Total population i	count	538	(538-41,505)	-	2017-2021
Median household income ⁱⁱ	dollars	148,207	(71,602-250,000+)	81,660	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	0.0	(0.0-15.6)	9.8	2017-2021
Population below 200% FPL vi	percent of population	0.0	12.4 (0.0-31.6)	22.0	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	12.6	12.8 (10.3-17.2)	16.5**	2021
Depression (as told by a medical professional) ^v Mental Health	crude percent, adults 18+	19.6	20.2 (18.0-23.0)	22.1**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	17.3	18.2 (16.1-21.3)	17.1**	2021
Current smokers v Substance Use	crude percent, adults 18+	8.7	9.9 (6.5-14.8)	13.4**	2021
Opioid-related overdose deaths among residents in 2022*vi Substance Use	rate per 10k residents	1.9	1.3 (0.0-4.8)	3.8	2022
Environmental Justice population* vii Environment	percent of population	0.0	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	-	2021
Walkability ix Environment	scale from 0 - 100	37.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	33.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values × Housing Insecurity	percent change, 4/2019-4/2023	23.4	27.5 (22.3-34.2)	41.4	2019, 2023
'Very low' income standard for federal housing programs, 4 person family* xi Housing Insecurity	dollars	69,350	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	14.5	24.1 (12.2-36.4)	25.4	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	0.0	63.0 (9.0-175.0+)	57.1	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	0.0	59.8 (51.0-85.0)	ı	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	55.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	2.6	3.0 (1.7-7.6)	5.3**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	62.4	56.7 (46.1-62.4)	55.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	52.5	47.8 (39.6-54.9)	48.7**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	76.7	74.5 (69.8-76.9)	74.6**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	81.1	78.4 (66.1-83.0)	72.2**	2020

Units

Local

MetroWest

County

Southborough (01745) - Worcester County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.1	7.2 (6.2-8.5)	8.4**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	27.1	25.6 (22.1-31.6)	31.2**	2021
Current asthma ^v	crude percent, adults 18+	10.4	10.3 (9.4-12.0)	11.7**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	25	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	88.7	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years ^v	crude percent, women 50-74	84.6	83.2 (79.6-86.2)	80.3**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	0.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	41.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Fluoridation began in 1996.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^{*}Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Southborough (01772) - Worcester County

Demographic

Demographic	Units	value	average (range)	value	Period
Total population i	count	9,842	(538-41,505)	ı	2017-2021
Median household income ii	dollars	173,056	(71,602-250,000+)	81,660	2017-2021
Population below federal poverty level (FPL) iii	percent of population	4.1	(0.0-15.6)	9.8	2017-2021
Population below 200% FPL vi	percent of population	9.0	12.4 (0.0-31.6)	22.0	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	12.9	12.8 (10.3-17.2)	16.5**	2021
Depression (as told by a medical professional) ^v Mental Health	crude percent, adults 18+	20.0	20.2 (18.0-23.0)	22.1**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	16.8	18.2 (16.1-21.3)	17.1**	2021
Current smokers v Substance Use	crude percent, adults 18+	9.7	9.9 (6.5-14.8)	13.4**	2021
Opioid-related overdose deaths among residents in 2022**i Substance Use	rate per 10k residents	1.9	1.3 (0.0-4.8)	3.8	2022
Environmental Justice population* vii Environment	percent of population	0.0	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	ı	2021
Walkability ix Environment	scale from 0 - 100	11.0	(1.0-75.0)	ı	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	33.0	(25.0-63.0)	ı	As of 9/2023
Growth in typical home values ^x Housing Insecurity	percent change, 4/2019-4/2023	30.8	27.5 (22.3-34.2)	41.4	2019, 2023
'Very low' income standard for federal housing programs, 4 person family* xi Housing Insecurity	dollars	69,350	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	23.7	24.1 (12.2-36.4)	25.4	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	115.0	63.0 (9.0-175.0+)	57.1	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	67.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	55.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	2.7	3.0 (1.7-7.6)	5.3**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	61.1	56.7 (46.1-62.4)	55.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	54.9	47.8 (39.6-54.9)	48.7**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	76.8	74.5 (69.8-76.9)	74.6**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	80.4	78.4 (66.1-83.0)	72.2**	2020

Units

MetroWest

Local

County

Southborough (01772) - Worcester County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.5	7.2 (6.2-8.5)	8.4**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	28.4	25.6 (22.1-31.6)	31.2**	2021
Current asthma ^v	crude percent, adults 18+	10.8	10.3 (9.4-12.0)	11.7**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	25	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	88.6	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years v	crude percent, women 50-74	83.6	83.2 (79.6-86.2)	80.3**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	0.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	41.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Fluoridation began in 1996.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^{*}Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Sudbury (01776) - Middlesex County

Demographic

		value	average (range)	value	Fellou
Total population i	count	18,912	(538-41,505)	-	2017-2021
Median household income ii	dollars	217,847	(71,602-250,000+)	111,790	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	1.8	(0.0-15.6)	7.4	2017-2021
Population below 200% FPL vi	percent of population	3.7	12.4 (0.0-31.6)	16	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	10.8	12.8 (10.3-17.2)	13.2**	2021
Depression (as told by a medical professional) ^v Mental Health	crude percent, adults 18+	18.8	20.2 (18.0-23.0)	19.4**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	18.0	18.2 (16.1-21.3)	18.2**	2021
Current smokers v Substance Use	crude percent, adults 18+	7.2	9.9 (6.5-14.8)	9.4**	2021
Opioid-related overdose deaths among residents in 2022*vi Substance Use	rate per 10k residents	0.5	1.3 (0.0-4.8)	2.3	2022
Environmental Justice population* vii Environment	percent of population	0.0	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	-	2021
Walkability ix Environment	scale from 0 - 100	31.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	37.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values * Housing Insecurity	percent change, 4/2019-4/2023	26.1	27.5 (22.3-34.2)	25.7	2019, 2023
'Very low' income standard for federal housing programs, 4 person family*xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone ^{xii} Housing Insecurity	percent of adults 65+	17.7	24.1 (12.2-36.4)	25.7	2017-2021
Growth in SNAP caseload (households) xiii Food Insecurity	percent change, 4/2019-4/2023	92.0	63.0 (9.0-175.0+)	60.0	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	63.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)*xv Food Insecurity	percent of eligible population	49.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	2.0	3.0 (1.7-7.6)	3.8**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	55.2	56.7 (46.1-62.4)	51.2**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	50.6	47.8 (39.6-54.9)	47**	2020
Been to a doctor for routine checkup within the past year ^v	crude percent, adults 18+	74.9	74.5 (69.8-76.9)	71.8**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	82.2	78.4 (66.1-83.0)	75.1**	2020

Units

MetroWest

average (range)

Local

value

County

value

Measurement

Period

Sudbury (01776) - Middlesex County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	6.8	7.2 (6.2-8.5)	7.1**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	23.1	25.6 (22.1-31.6)	23.4**	2021
Current asthma ^v	crude percent, adults 18+	9.6	10.3 (9.4-12.0)	9.9**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	46	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	90.0	88.1 (82.7-90.3)	85.7**	2020
Mammogram within the last two years v	crude percent, women 50-74	86.1	83.2 (79.6-86.2)	83.4**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	95.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	49.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

iv Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Began in 1960

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^{*}Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Wayland (01778) - Middlesex County

Demographic

	C.III.C	value	average (range)	value	Period
Total population i	count	14,060	(538-41,505)	-	2017-2021
Median household income ii	dollars	203,125	(71,602-250,000+)	111,790	2017-2021
Population below federal poverty level (FPL) iii	percent of population	3.7	(0.0-15.6)	7.4	2017-2021
Population below 200% FPL vi	percent of population	5.6	12.4 (0.0-31.6)	16	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	10.3	12.8 (10.3-17.2)	13.2**	2021
Depression (as told by a medical professional) ^v Mental Health	crude percent, adults 18+	18.0	20.2 (18.0-23.0)	19.4**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	16.7	18.2 (16.1-21.3)	18.2**	2021
Current smokers v Substance Use	crude percent, adults 18+	6.6	9.9 (6.5-14.8)	9.4**	2021
Opioid-related overdose deaths among residents in 2022*vi Substance Use	rate per 10k residents	0.0	1.3 (0.0-4.8)	2.3	2022
Environmental Justice population* vii Environment	percent of population	0.0	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	-	2021
Walkability ix Environment	scale from 0 - 100	20.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	46.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values × Housing Insecurity	percent change, 4/2019-4/2023	34.2	27.5 (22.3-34.2)	25.7	2019, 2023
'Very low' income standard for federal housing programs, 4 person family*xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone ^{xii} Housing Insecurity	percent of adults 65+	18.7	24.1 (12.2-36.4)	25.7	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	58.0	63.0 (9.0-175.0+)	60.0	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	67.0	59.8 (51.0-85.0)	1	2020
WIC gap (eligible for WIC, but not enrolled)*xv Food Insecurity	percent of eligible population	39.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	2.0	3.0 (1.7-7.6)	3.8**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	55.5	56.7 (46.1-62.4)	51.2**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	49.9	47.8 (39.6-54.9)	47**	2020
Been to a doctor for routine checkup within the past year ^v	crude percent, adults 18+	75.9	74.5 (69.8-76.9)	71.8**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	82.2	78.4 (66.1-83.0)	75.1**	2020

Units

MetroWest

Local

County

Measurement

Period

Wayland (01778) - Middlesex County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.2	7.2 (6.2-8.5)	7.1**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	22.1	25.6 (22.1-31.6)	23.4**	2021
Current asthma ^v	crude percent, adults 18+	9.4	10.3 (9.4-12.0)	9.9**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	32	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	89.2	88.1 (82.7-90.3)	85.7**	2020
Mammogram within the last two years v	crude percent, women 50-74	86.0	83.2 (79.6-86.2)	83.4**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	0.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	52.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^{iv} Table C17002, U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Began in 2000

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^{*}Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Wellesley (02481) - Norfolk County

Demographic

Demographic	Offics	value	average (range)	value	Period
Total population i	count	16,997	(538-41,505)	1	2017-2021
Median household income ⁱⁱ	dollars	249,375	(71,602-250,000+)	112,089	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	5.0	(0.0-15.6)	6.3	2017-2021
Population below 200% FPL vi	percent of population	7.3	12.4 (0.0-31.6)	14.2	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	13.1	12.8 (10.3-17.2)	13.8**	2021
Depression (as told by a medical professional) ^v Mental Health	crude percent, adults 18+	20.2	20.2 (18.0-23.0)	19.7**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	17.5	18.2 (16.1-21.3)	18.8**	2021
Current smokers v Substance Use	crude percent, adults 18+	7.5	9.9 (6.5-14.8)	10.9**	2021
Opioid-related overdose deaths among residents in 2022*vi Substance Use	rate per 10k residents	0.0	1.3 (0.0-4.8)	2.2	2022
Environmental Justice population* vii Environment	percent of population	12.3	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	-	2021
Walkability ix Environment	scale from 0 - 100	33.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	33.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values × Housing Insecurity	percent change, 4/2019-4/2023	27.9	27.5 (22.3-34.2)	27.2	2019, 2023
'Very low' income standard for federal housing programs, 4 person family*xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	20.0	24.1 (12.2-36.4)	26.6	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	74.0	63.0 (9.0-175.0+)	71.3	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	0.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)*xv Food Insecurity	percent of eligible population	56.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	2.3	3.0 (1.7-7.6)	3.7**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	59.8	56.7 (46.1-62.4)	56.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	45.7	47.8 (39.6-54.9)	44.2**	2020
Been to a doctor for routine checkup within the past year ^v	crude percent, adults 18+	74.9	74.5 (69.8-76.9)	72.7**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	80.9	78.4 (66.1-83.0)	74.7**	2020

Units

Local

MetroWest

County

Wellesley (02481) - Norfolk County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	6.3	7.2 (6.2-8.5)	7.2**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	22.3	25.6 (22.1-31.6)	24.7**	2021
Current asthma v	crude percent, adults 18+	10.4	10.3 (9.4-12.0)	10.1**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	71	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	85.5	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years ^v	crude percent, women 50-74	81.9	83.2 (79.6-86.2)	78.9**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	92.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	46.0	36.6 (25.0-52.0)	-	As of 4/2023
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^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

iv Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Fluoridation began in 1987.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^{*}Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Wellesley (02482) - Norfolk County

Demographic

Demographic	Offits	value	average (range)	value	Period
Total population i	count	10,520	(538-41,505)	1	2017-2021
Median household income ⁱⁱ	dollars	202,396	(71,602-250,000+)	112,089	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	4.6	(0.0-15.6)	6.3	2017-2021
Population below 200% FPL vi	percent of population	7.5	12.4 (0.0-31.6)	14.2	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	11.6	12.8 (10.3-17.2)	13.8**	2021
Depression (as told by a medical professional) ^v Mental Health	crude percent, adults 18+	18.8	20.2 (18.0-23.0)	19.7**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	16.8	18.2 (16.1-21.3)	18.8**	2021
Current smokers v Substance Use	crude percent, adults 18+	8.8	9.9 (6.5-14.8)	10.9**	2021
Opioid-related overdose deaths among residents in 2022*vi Substance Use	rate per 10k residents	0.0	1.3 (0.0-4.8)	2.2	2022
Environmental Justice population* vii Environment	percent of population	12.3	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	-	2021
Walkability ix Environment	scale from 0 - 100	43.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	33.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values × Housing Insecurity	percent change, 4/2019-4/2023	26.7	27.5 (22.3-34.2)	27.2	2019, 2023
'Very low' income standard for federal housing programs, 4 person family*xi Housing Insecurity	dollars	74,200	(58,500-74,200)	-	2021
Older adults living alone ^{xii} Housing Insecurity	percent of adults 65+	32.1	24.1 (12.2-36.4)	26.6	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	43.0	63.0 (9.0-175.0+)	71.3	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	59.0	59.8 (51.0-85.0)	ı	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	56.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	2.5	3.0 (1.7-7.6)	3.7**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	59.5	56.7 (46.1-62.4)	56.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	45.5	47.8 (39.6-54.9)	44.2**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	76.3	74.5 (69.8-76.9)	72.7**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	79.8	78.4 (66.1-83.0)	74.7**	2020

Units

Local

MetroWest

County

Wellesley (02482) - Norfolk County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes v	crude percent, adults 18+	7.8	7.2 (6.2-8.5)	7.2**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	23.8	25.6 (22.1-31.6)	24.7**	2021
Current asthma v	crude percent, adults 18+	9.7	10.3 (9.4-12.0)	10.1**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	71	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	88.2	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years ^v	crude percent, women 50-74	80.5	83.2 (79.6-86.2)	78.9**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	92.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	46.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

iv Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Fluoridation began in 1987.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^{*}Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.

Westborough (01581) - Worcester County

Demographic	Units	Local value	MetroWest average (range)	County value	Measurement Period
Total population i	count	21,213	(538-41,505)	-	2017-2021
Median household income ii	dollars	118,185	(71,602-250,000+)	81,660	2017-2021
Population below federal poverty level (FPL) ⁱⁱⁱ	percent of population	4.8	(0.0-15.6)	9.8	2017-2021
Population below 200% FPL vi	percent of population	13.9	12.4 (0.0-31.6)	22.0	2017-2021
Health Measures based on priorities in 2023 MetroWest CHA	Units	Local value	MetroWest average (range)	County value	Measurement Period
Mental health not good for half or more of the past month V Mental Health	crude percent, adults 18+	12.9	12.8 (10.3-17.2)	16.5**	2021
Depression (as told by a medical professional) Mental Health	crude percent, adults 18+	19.0	20.2 (18.0-23.0)	22.1**	2021
Engaged in binge drinking within the past month V Substance Use	crude percent, adults 18+	16.1	18.2 (16.1-21.3)	17.1**	2021
Current smokers v Substance Use	crude percent, adults 18+	9.1	9.9 (6.5-14.8)	13.4**	2021
Opioid-related overdose deaths among residents in 2022* vi Substance Use	rate per 10k residents	0.0	1.3 (0.0-4.8)	3.8	2022
Environmental Justice population* vii Environment	percent of population	68.1	(0.0-100.0)	-	2020
Fluoride in municipal water* viii Environment	yes or no	Yes	-	-	2021
Walkability ix Environment	scale from 0 - 100	46.0	(1.0-75.0)	-	As of 9/2023
Bikeability* ix Environment	scale from 0 - 100	60.0	(25.0-63.0)	-	As of 9/2023
Growth in typical home values × Housing Insecurity	percent change, 4/2019-4/2023	28.3	27.5 (22.3-34.2)	41.4	2019, 2023
'Very low' income standard for federal housing programs, 4 person family*xi Housing Insecurity	dollars	58,500	(58,500-74,200)	-	2021
Older adults living alone xii Housing Insecurity	percent of adults 65+	18.9	24.1 (12.2-36.4)	25.4	2017-2021
Growth in SNAP caseload (households) ^{xiii} Food Insecurity	percent change, 4/2019-4/2023	87.0	63.0 (9.0-175.0+)	57.1	2019, 2023
SNAP gap (eligible for SNAP, but not enrolled) xiv Food Insecurity	percent of eligible population	61.0	59.8 (51.0-85.0)	-	2020
WIC gap (eligible for WIC, but not enrolled)* xv Food Insecurity	percent of eligible population	45.0	47.0 (39.0-69.0)	-	2021
Access to Care	Units	Local value	MetroWest average (range)	County value	Measurement Period
Current lack of health insurance v	crude percent, adults 18-64	3.0	3.0 (1.7-7.6)	5.3**	2021
Men up to date on a core set of clinical preventive services v	crude percent, men 65+	60.3	56.7 (46.1-62.4)	55.8**	2020
Women up to date on a core set of clinical preventive services v	crude percent, women 65+	50.7	47.8 (39.6-54.9)	48.7**	2020
Been to a doctor for routine checkup within the past year v	crude percent, adults 18+	76.1	74.5 (69.8-76.9)	74.6**	2021
Been to the dentist or dental clinic in the previous year v	crude percent, adults 18+	79.1	78.4 (66.1-83.0)	72.2**	2020

Westborough (01581) - Worcester County

Chronic Disease and Other Illness	Units	Local value	MetroWest average (range)	County value	Measurement Period
Diagnosed diabetes ^v	crude percent, adults 18+	7.2	7.2 (6.2-8.5)	8.4**	2021
Obesity (calculated from self-reported weight and height) v	crude percent, adults 18+	26.4	25.6 (22.1-31.6)	31.2**	2021
Current asthma ^v	crude percent, adults 18+	10.4	10.3 (9.4-12.0)	11.7**	2021
Pediatric asthma cases attributable to air pollution* xvi	count	48	-	-	2017-2018
Cervical cancer screening (such as Pap test or HPV test every 3-5 years) ^v	crude percent, women 21-65	86.5	88.1 (82.7-90.3)	85.9**	2020
Mammogram within the last two years v	crude percent, women 50-74	83.6	83.2 (79.6-86.2)	80.3**	2020
Completed primary COVID-19 vaccination series* xvii	percent of eligible population	92.0	90.0 (80.0-96.0+)	-	As of 4/2023
Received a COVID-19 booster shot after 9/1/2022* xvii	percent of eligible population	37.0	36.6 (25.0-52.0)	-	As of 4/2023

^{*} indicates municipal level estimate. ** indicates age-adjusted estimate. Where possible, MetroWest average is calculated from counts.

¹ Table B01003. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

ⁱⁱ Table B19013. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Table DP03. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

iv Table C17002. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

^v CDC PLACES July 2023 release. CDC's Division of Population Health, the Robert Wood Johnson Foundation, and the CDC Foundation. Being up to date on clinical preventive services includes flu shot past year, PPV shot ever, colorectal cancer screening, and for females, a mammogram in the past 2 years

vi Opioid statistics published by Massachusetts Department of Public Health Office of Health and Human Services in June 2023, rates calculated using 2020 U.S. Census population estimates. Data for deaths are preliminary and subject to updates

vii 2020 Environmental Justice Populations, Massachusetts Executive Office of Energy and Environmental Affairs. Updated November 2022. Defined as people disproportionately at risk of environment-related burdens due to structural inequities

viii Community Water Fluoridation Status report, Office of Oral Health, Bureau of Community Health and Prevention, Massachusetts Department of Public Health. Uses community list from 2021. Fluoridation began in 1974.

^{ix} Accessed September 2023 on Walkscore.com, a product of Redfin. Updated on a rolling basis every six months. Walkscore based on walking routes to destinations such as grocery stores, schools, parks, restaurants, and retail. Bikescore based on on bike infrastructure, topography, destinations and road connectivity.

^{*}Accessed September 2023 from Zillow Data using estimates from April 2019 and April 2023. Percent change calculated from Zillow Home Value Index (ZHVI): A smoothed, seasonally adjusted measure of the typical home value, calculated monthly as a weighted average of the middle third of all homes in a given region

xi FY 2023 Limits effective May 15, 2023, Office of Policy Development and Research, Department of Housing and Urban Development (HUD) using 2021 American Community Survey income data. HUD 'low income', 'very low income', and 'extremely low income' estimates are used to determine eligibility for assisted housing programs.

xii Table B09020. U.S. Census Bureau, 2017-2021 American Community Survey 5-Year Estimates

Annual Caseload Summary ZIP Code Report 2019 and Caseload by zip code report - April 2023, Massachusetts Department of Transitional Assistance

xiv SNAP Gap 2021 Tableau Dashboard. Food Bank of Western Massachusetts using Massachusetts Department of Transitional Assistance data

xv 2022 Massachusetts WIC Program Needs Assessment, Massachusetts Department of Public Health

xvi Health effects of air pollution in Massachusetts report by Global Observatory on Planetary Health at Boston College. Uses 2017-2018 pediatric asthma case data from Massachusetts Population Health Information Tool

xvii Municipality vaccination report published April 26, 2023, Weekly COVID-19 Vaccination Dashboard, Massachusetts Department of Public Health.