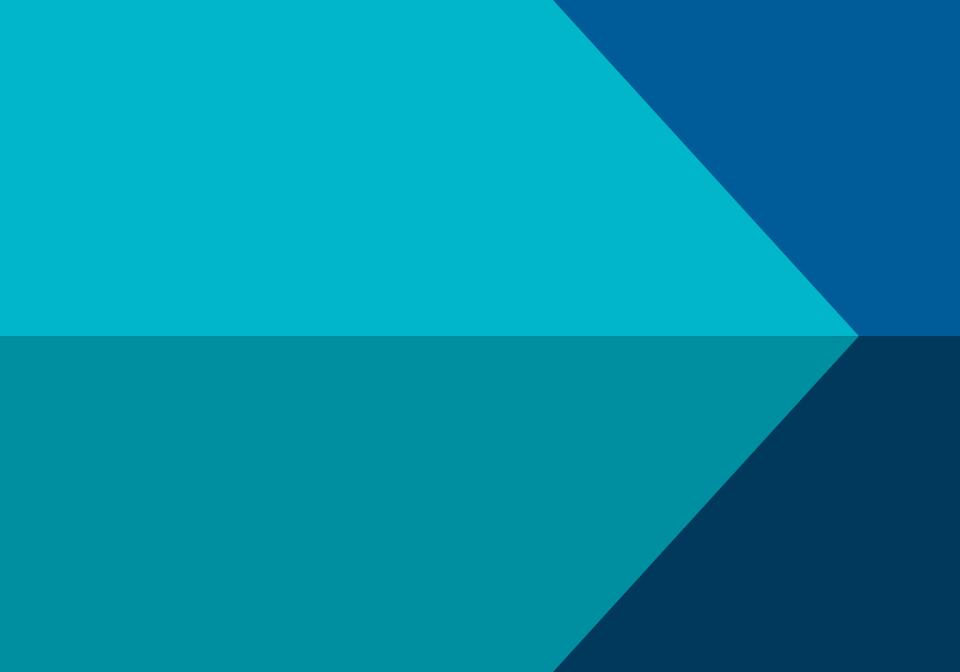
HEALTH CARE'S NEXT GENERATION







METROWEST HEALTH FOUNDATION

schol·ar·ship (noun)

Merriam-Webster defines scholarship as 1 a fund of knowledge and learning; 2 the character, qualities, activity, or attainments of a scholar: learning; and 3 a grant-in-aid to a student by a college or foundation.

At the MetroWest Health Foundation, we think all three of these definitions describe our work.

We strive to be a hub of information, resources and data on the health and well-being of the MetroWest region. We work to bring new ideas and learning to our communities and grantees through our convenings, trainings and technical assistance. And yes, we provide grants to MetroWest residents so they can pursue degrees in medicine, nursing and the allied health professions.

In this annual report to the community, we are pleased to show-case some of our recent scholarship recipients. At a time when the recruitment and retention of primary care physicians, mental health clinicians and many allied health professionals is at a crisis point in our region, these individuals give us hope that the next generation of health care professionals will be here to provide the care, treatment and support that all residents need to live and thrive. And, like the MetroWest region itself, they bring a growing diversity of backgrounds and cultures to their respective professions. With over 1,000 scholarships awarded since inception, this part of the foundation's work is truly making a difference for the beneficiaries, but more importantly, for the patients they serve.

Anne Marie Boursiquot King Chair, Board of Trustees ${\it Martin Cohen} \\ {\it President/CEO}$

Investing in Health Care's Next Generation TOP FIVE SCHOLARSHIP AREAS









622

49

45

42

28

NURSING

SOCIAL WORK

PHYSICAL THERAPY **MEDICINE**

PSYCHOLOGY

I feel that I have made the right choices and love my career as a psychiatric nurse practitioner.



The desire to be there to help children like me is the reason why I am pursuing an advanced degree in speech language pathology.

Returning others to various sports and activities is why I wanted to be a physical therapist.



I am the first in my family to enter the medical field. I find physiology fascinating—it's like solving a puzzle or mystery.



I knew obtaining my nursing license would be a giant leap forward with my ongoing educational journey.



"ONE OF THE MOST IMPORTANT SKILLS YOU NEED IS TO NOT BE JUDGMENTAL.

I see my patients beyond the stigma of mental illnesses in order to treat the real person and provide high quality care."

Thiago

THIAGO GODOI | NEXT GENERATION NURSE PRACTITIONER

Born in Brazil, Thiago Godoi and his family moved to Framingham when he was 16. He participated in the ESL program at Framingham High School where he learned English and received a rising star award for his language skills that he soon put to good use. While in high school, he was already contributing to his community by working as a Patient Care Assistant at Leonard Morse Hospital. An advertisement for a class to become a Certified Nursing Assistant caught his attention and he signed up. "Knowing that

someone believed in

my education."

Years later and with assistance from the foundation, me was a sign to keep Thiago completed his BSN in Nursing from the Unimoving forward with versity of Massachusetts and his MSN at Northeastern University. "The scholarships I received from the foundation were much more than financial support. The recognition came at challenging times in my life when I wasn't sure I could accomplish my goals. Knowing that someone believed in me was a sign to keep moving forward with my education."

While exploring different fields in nursing, Thiago could not help but notice the lack of support that existed within psychiatry. "Psychiatry is not the most popular specialty—nurses tend to want to work in Intensive Care or the Emergency Department. The challenges of helping people recognize that mental illness is a medical condition of the brain and not a weakness is something I want my patients and those around them to understand. One of the most important skills you need is to not be judgmental. I see my patients beyond the stigma of mental illnesses in order to treat the real person and provide high quality care."

After graduating from UMass, Thiago worked as a clinical instructor and staff nurse in the inpatient medical/psychiatric unit at Massachusetts General Hospital. He was chosen to participate in the Clinical Leadership Collaborative for Diversity in Nursing, a program designed to increase diversity in nursing.

> Although he appreciates the experience and skills he gained from working at a large Boston hospital, Thiago feels his place is in his MetroWest community. Today Thiago is a psychiatric nurse practitioner at Wayside Youth & Family Support Network and works with children and young adults at their Framingham and Milford locations.

"My journey has not been easy, yet I have no regrets. There are no accolades for caring for the mentally ill, the work itself encourages me to continue my education and fight to stop the stigma associated with mental illness. I feel that I have made the right choices and love my career as a psychiatric nurse practitioner."

Lauren

LAUREN O'BRIEN | NEXT GENERATION PHYSICIAN ASSISTANT

A recent graduate of Yale University School of Medicine, Lauren O'Brien is on her way as a physician assistant (PA) specializing in neurocritical care. "I've always been drawn to science and had an inherent drive to learn about the human body and use that knowledge to help others. Lauren considers herself a life-long learner and passionate about health care. "My parents wonder where I came from because I am the first in my family to enter the medical field. I find physiology fascinating—it's like solving a "I realized how puzzle or mystery."

As an undergraduate at Northeastern University, Lauren became active in athletics and campus activities by becoming an ambassador and mentor. She developed leadership skills and co-founded the first pre-health honor society on campus.

Through her experiences working as a technician and screener at the Massachusetts Eye and Ear Infirmary in Boston and a patient care associate at MetroWest Medical Center while in school, she was excited to further her education and clinical skills to provide care to patients of various backgrounds and cultures.

Still, Lauren did not feel she was reaching her potential. She decided to switch gears and work for a biopharmaceutical company on their research and development team. "I felt that if I were to help in creating a new and effective drug, I would be able to touch many more lives than I was able to as a PCA or technician. However, that experience felt very impersonal. "I realized how much I valued the connection with patients. I needed to be on the front-line of patient care." Lauren had to choose what type of clinician she wanted to be and becoming a physician assistant stood out. "As a PA, I want to be a clinician that embodies empathy, excellence, and passion and to never stop learning

from my patients and colleagues. I like the team-based model of care, there is room for growth to fulfill my desire to be an advocate and educator for my patients, and becoming a PA allows

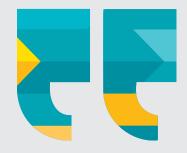
me to enter the professional world sooner with less debt.

Lauren learned of the foundation's scholarship program through a friend pursuing a nursing degree. "This is a wonderful resource for not only undergraduates but graduate programs where financial assistance is limited."

Lauren is not only well on her way as a physician assistant but leading the way. She wants to help advance the physician assistant practice and has already testified at a leadership and advocacy summit for senators and house members on Capitol Hill to ensure PA laws are in line with the scope of practice and training.

the connection

with patients."



"I LIKE THE TEAM-BASED

MODEL OF CARE, there is room
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professional world sooner
with less debt."







"PEOPLE CAN BE FEARFUL OF MOVEMENT AFTER AN

INJURY. A big part of my job as a physical therapist is creating a balance between the psychological aspect of what they are going through and the manner of delivery. I need to put them at ease."

Nolan

NOLAN ROTHWELL | NEXT GENERATION PHYSICAL THERAPIST

Sports have always been a passion for Nolan Rothwell. Growing up he was always outside playing street hockey in the driveway or whiffle ball in the backyard. Throughout high school he played hockey, golf, and baseball. He enjoyed seeing how hard work at practice and good nutrition pays off when it comes to game performance. Nolan's hard work at sports extended to his academics, always challenging himself by taking honors and advanced placement courses while staying active in community service activities. "I probably wouldn't

have been able to do He became interested in physical therapy after seeing this without help from one of his teammates suffer a hockey injury in high school and his mother tear her calf muscle. "In other professions, it's not as easy to see that you are having a positive impact on the world based on the type of work that you are doing. As a physical therapist, I am able to see the condition that patients are in on the first day and see how dramatic an impact I have had on them by the time they leave."

As a recent graduate of the rigorous 6-year physical therapy program at Northeastern University in Boston, Nolan has already been exposed to all types of injuries, from ACL reconstructions to elderly patients struggling with balance.

"People can be fearful of movement after an injury. A big part of my job as a physical therapist is creating a balance between the psychological aspect of what they are going through and the manner of delivery. I need to put them at ease. Seeing a patient walk into the clinic on day one discouraged and upset about their ailment, to seeing their confidence in themselves on the day they leave is an amazing feeling and a huge win for both of us." Nolan believes that physical therapy is more than healing injuries and wants to help people buy into healthier lifestyles to keep them well and active.

He feels it was a big decision and responsibility to choose a health profession and one that comes at a high cost. There is always something new to learn in the field, and Nolan feels he owes

> it to his patients to continue his learning and keep on the forefront of best practices. "I probably wouldn't have been able to do this without help from the foundation."

Whether it is allowing someone to return to competitive sports after an ankle sprain, or helping a person walk their daughter down the aisle after a stroke, Nolan knows that he will have a positive influence on the lives of his patients. "Being able to see the

positive impact physical therapy has on others by returning them to various sports and activities is why I wanted to be a physical therapist."

the foundation."

Emily

EMILY SANTOS | NEXT GENERATION SPEECH PATHOLOGIST

Emily Santos was born seven weeks premature and spent the first two months of her life in a Neonatal Intensive Care Unit. Her lungs were not fully functioning, and she was on oxygen. Once a milestone was reached, another medical situation would occur preventing doctors from determining her prognosis. There was always a constant belief that she would experience developmental delays throughout her life. Emily couldn't run or play and didn't speak until she was three.

"As someone did for

During her first year of schooling, her doctor's predictions appeared to have come true. Her verbal skills were severely underdeveloped when compared to her peers.

Although she was no longer medically at-risk, she was at-risk in the classroom. It was there that Emily met her first speech language pathologist. With the pathologist's help, Emily was able to overcome some of her language issues and continue her education without the predicted delays. "For many families, there is no therapist to assist them during these difficult times.

The desire to be there to help children like me is the reason why I am pursuing an advanced degree in speech language pathology."

Emily's early life experiences taught her to maximize her abilities and work hard to accomplish her goals. She is proud of the leadership roles she had at the Children's Physical Developmental Clinic at Bridgewater State University and as a lead counselor at the Hockomock Area YMCA summer camps. "Both roles required me to hold myself to a high standard of excellence for each child and staff member to succeed to the best of their ability. I try to ensure that I am leading as I would want to be led and like to bring a sense of humor when it is appropriate to create a positive environment and diffuse stress. I have enjoyed the challenge of working with children of all abilities and have learned to celebrate their success in reaching milestones."

Emily graduated Summa Cum Laude from Bridgewater State University with a Bachelor of Science degree in Communication Sciences and Disorders. She is now in the Master of Science program in Speech Language Pathology at Worcester State University and expects to graduate in 2021. "As someone did for me, I hope to work in a school environment to help children have a voice and confidence they need for their future. The foundation's scholarship program was a big help

The foundation's scholarship program was a big hel in getting me there."



"I TRY TO ENSURE THAT I AM LEADING AS I WOULD WANT

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"NO AMOUNT OF EDUCATION CAN PREPARE YOU for dealing with crisis, death or having a loved one not recognize their own children. Being present and caring for my patients and their families is what I am delighted to do for the rest of my

Gladys

GLADYS URZUA | NEXT GENERATION NURSE

Gladys Urzua remembers as a child being captivated by the TV show *Trauma: Life in the ER*—she wanted to work in a hospital as a nurse taking care of people in need.

"My dream would

be to work in an

operating room

Living alone at a young age, Gladys was solely responsible for her personal needs and providing her own housing, hindering her ability to obtain her desired educational goals. She decided that attending a vocational school was the best first step.

Not only would she receive a high school diploma, she would learn valuable skills and begin a journey.

After graduating high school with a diploma and certification as a nursing assistant, Gladys enrolled in the Assabet Valley Vocational School Licensed Practical Nursing program. Working full-time while attending the full-time nursing program was a challenge, and her income affected her eligibility for financial aid, grants, and loans. "The increasing cost of living and obtaining a college education was a sobering truth that plagues not only me, but many young adults. But I knew obtaining my nursing license would be a life changing accomplishment for me, and a giant leap forward with my ongoing educational journey."

Although her academic program taught her the skills and knowledge necessary to care for patients, it's the clinical time with patients and their families at the Bethany Health Care Center and Saint Patrick's Manor in Framingham that gives her the strength and confidence she is on the right path to make a difference in people's lives. "No amount of education can prepare you for dealing with crisis, death or having a loved one not recognize their own children. Being present and caring for my patients and their families is what I am delighted to do for the rest of my career."

Gladys is now working towards her next goal of obtaining her BSN and is enrolled in the LPN to BSN program at Worcester

State College. She has worked at SMOC's Family Shelter with women and families and assisted surgeons in the delivery of newborns. "Women's health and surgery have intrigued me for many years. My dream would be to work in an operating room alongside a surgeon. I am also looking forward to giving back to my community in Framingham." She wants to partner with local churches and non-profit organizations to educate residents through "wellness days." "It is my goal that we can provide more health screenings and information on common

health issues so people can make healthier decisions. I am beyond words for appreciation of the help MetroWest Health Foundation has given me in the last three years."

January 13, 2020

Cathy Glover Grants Management Director MetroWest Health Foundation 161 Worcester Road, Suite 202 Framingham, MA 01701

Dear Ms. Glover:

I know my daughter is sending you a separate note to thank you and the Foundation for the scholarship you recently awarded her, but I wanted to add my thanks as well. Over the Christmas break, she needed to take an additional online course for her minor in alternative health, resulting in a bigger tuition bill than I had anticipated. I wish you could have seen her reading your letter, and me jumping up and down...the scholarship exactly covers the amount that I was worried about.

We are one of the many families who get caught in the middle as far as college funding is concerned. We make too much to qualify for federal aid, yet not nearly enough to pay full tuition outright. Your scholarship means that we can breathe a sigh of relief this semester. It is also a vote of confidence and a mental boost for her as she begins the second half of her sophomore year.

Please know that this scholarship makes a big difference for her and for our family, and we are so appreciative that the MetroWest Health Foundation has chosen to invest in her education. Thank you!

This letter is from the mother of a nursing student attending the University of Southern Maine.

METROWEST HEALTH FOUNDAT

Our Mission METROWEST HEALTH FOUNDATION

Our mission is to improve the health status of the community, its individuals, and families through informed and innovative leadership.

We serve the communities of: Ashland, Bellingham, Dover, Framingham, Franklin, Holliston, Hopedale, Hopkinton, Hudson, Marlborough, Medfield, Medway, Mendon, Milford, Millis, Natick, Needham, Norfolk, Northborough, Sherborn, Southborough, Sudbury, Wayland, Wellesley and Westborough.

FY 2019 Grants

ACCESS TO CARE

Advocates, Inc.

To improve access to psychiatric services \$55,015.76

Brazilian American Center

To facilitate access to mental health and wellness services1

\$30,915.50

ADOLESCENT HEALTH

Education Development Center, Inc.

To conduct the 2020 MetroWest Adolescent Health Survey

\$649,866.00

BASIC HEALTH NEEDS

Lovin' Spoonfuls, Inc.

Food Insecurity¹⁸²

\$150,000.00

Daniel's Table

Food Insecurity¹

\$150,000.00

Riverside Community Care

Behavioral Health

\$150,000.00

CAPACITY BUILDING

MetroWest Nonprofit Network, Inc.

Targeted grantee technical assistance \$13,248.00



4ETROWEST HEALTH FOUNDATION

CAPITAL

MetroWest YMCA

To support renovation of the MetroWest YMCA's Old Connecticut Path facility¹ **\$100,000.00**

South Middlesex Opportunity Council. Inc.

To support the development of the Framingham Community Center¹ \$250,000.00

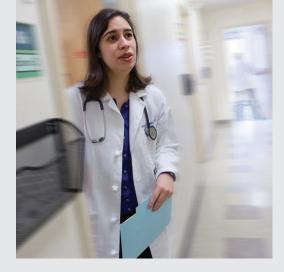
COALITION STRENGTHENING

MetroWest YMCA

To strengthen primary prevention strategies for youth within the region \$25,000.00

South Middlesex Opportunity Council, Inc.

To develop an action plan on behalf of the Greater Framingham Hunger Network \$10.000.00



COMMUNITY HEALTH INNOVATION

Advocates, Inc.

To seek innovative solutions for addressing the mental health needs of immigrants in Framingham¹

\$140,000.00

HEALTH EQUITY

Philanthropy Massachusetts

To support the Massachusetts Census Equity Fund

\$50,000.00

Framingham Board of Health

To support training and technical assistance to adopt and implement a health equity framework¹

\$10,750.00

Health Care For All

To improve access to care for immigrant families in MetroWest

\$15.569.00

Massachusetts Bay Community College

To support redevelopment of the RN program

\$29,763.00

MetroWest Regional Transit Authority

To offer diversity, equity, and inclusion training for staff

\$26,000.00

Needham Public Schools

To reduce incidences of aggression at middle and high schools and increase student engagement in conversations about racial equity

\$20,000.00

METROWEST HEALTH FOUNDATION

OUT MetroWest

To build capacity to serve LGBTQ youth of color

\$20,715.00

RIA House Inc.

To improve mental health and recovery services for women survivors of sexual exploitation

\$29,992.00

Wayside Youth & Family Support Network, Inc.

To suport staff training on diversity, equity, and inclusion

\$29,990.00



HEALTHY AGING

BayPath Elder Services, Inc.

To improve access to services for LGBTQ elders

\$34,736.40

Framingham Board of Health

To make Framingham an Age / Dementia Friendly Community¹

\$19,240.00

Franklin Council on Aging

To support a Dementia Friendly Community

\$9,798.00

HESSCO Elder Services

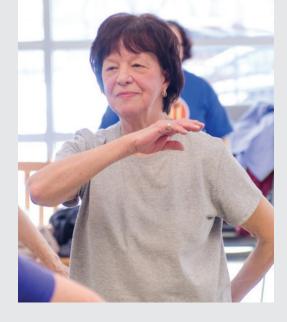
To provide a monthly luncheon program for LGBT elders to decrease social isolation

\$10,292.50

Hudson Council on Aging

To offer a respite care program for caregivers of individuals with Dementia or Alzheimer's Disease

\$25,000.00



OPIOID EPIDEMIC

Framingham Board of Health

To continue the regional Naloxone distribution program

\$11,450.45

South Middlesex Opportunity Council, Inc.

To provide peer recovery coaching to address the opioid epidemic

\$46,472.59

RESPONSIVE

A Place To Turn

To support the food pantry 2

\$15,000.00

Daniel's Table

To expand food storage capacity¹

\$19,500.00

Daniel's Table

To purchase equipment to increase food production¹

\$19,992.00

Edward M. Kennedy Community Health Center, Inc.

To improve specialty care referrals for patients

\$20,000.00

Framingham Housing Authority

To reduce heat stroke among elderly and disabled residents¹

\$19,944.16

Framingham Police Department

To support the Gun Buy-Back Program¹ **\$10,000.00**

Franklin Food Pantry

To train volunteers and staff in trauma-informed care

\$2,150.00

Health Law Advocates, Inc.

To help low-income immigrants maintain access to health care.

\$20,000.00

HESSCO Elder Services

To provide a Medical Nutrition Therapy program to help older adults achieve nutrition and health goals

\$20,000.00

Hudson Board of Health

To build local capacity and expertise on how adults can develop strong connections to youth in their lives

\$20,000.00

Learning Center for the Deaf

To purchase an electronic medical record and clinical documentation system

\$20,000.00



Learning Center for the Deaf

To support the establishment of an outpatient mental health clinic to serve deaf and hard of hearing children and families

\$20,000.00

MetroWest Worker Center

To provide medical accompaniment to immigrant workers injured on the job

\$20,000.00

METROWEST HEALTH FOUNDATION

Natick Service Council, Inc. To support the food pantry² \$15,000.00

Natick Service Council, Inc. To address food insecurity in Natick² \$20,000.00

Natick Service Council, Inc.
To increase health insurance enrollment and health literacy of residents²

Wayside Youth & Family Support Network, Inc.

To provide in-school counseling for children with mental health needs¹ **\$20,000.00**

NURSING SCHOLARSHIPS (31)

\$55,000

\$20,000.00

MEDICAL/CLINICAL SCHOLARSHIPS (13)

\$24,000

Awards

Deborah Blumer Community Health Leadership Award

Kathryn Condon Grace, MetroWest Legal Services

Edna Smith Health Equity Award

Paula Kaminow, Edward M. Kennedy Community Health Center

METROWEST HEALTH FOUNDATIO

METROWEST HEALTH LEADERS

PROGRAM CLASS OF 2020

Dawn Alcott-Miller, MSW
Director of Youth and Family Services
Town of Hopkinton

Rosalind Baker, MPA, MA
Director, Family Resource Center
Wayside Youth and Family Support Network

Mary Cole, MPH
Program Coordinator, Greater Boston Tobacco-Free
Community Partnership
Bay State Community Services

Beth Gutierrez, MSW Adult Family Care Program Director Advocates, Inc.

Maureen Jones, MN District-wide Resource Nurse Framingham Public Schools

Vanh Phommasinh Supported Housing Program Director South Middlesex Opportunity Council Erin Rogers Social Service Coordinator Franklin Senior Center

Karen Shannon
Program Director
Town of Needham Public Health Division

Trish Wesley Umbrell
Assistant Director, Internal Operations
Natick Community Organic Farm

Robin Williams
Environmental Health Manager
City of Framingham Public Health Dept.

METROWEST HEALTH FOUNDATION

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 ${\bf Rebecca\ Donham}, Senior\ Program$

Officer

 ${\it Rebecca\,Gallo}, {\it Senior\,Program\,Officer}$

 ${\bf Cathy\,Glover}, {\it Grants\,Management}$

Director

As of 9/30/19

FINANCIALS

STATEMENT OF FINANCIAL POSITION **SEPTEMBER 30, 2019**

(with summarized comparative totals as of September 30, 2018)

ASSETS	2019	2018
Cash and Cash Equivalents	\$2,065,210	\$2,030,339
Investments	\$94,199,500	\$98,548,769
Beneficial Interests in Perpetual Trusts	\$7,344,377	\$7,559,704
Other Assets	\$160,756	\$70,935
TOTAL ASSETS	\$103,769,843	\$108,209,747
LIABILITIES & NET ASSETS	2019	2018
Accrued Expenses and Other	\$1,834,751	\$1,346,818
Grants Payable	\$2,802,127	\$3,728,104
Deferred Excise Taxes	\$397,432	\$501,734
TOTAL LIABILITIES	\$5,034,310	\$5,576,656
Net Assets		
Without donor restrictions:		
General purpose funds	\$52,027,928	\$31,416,556
Grants Panels	\$29,528,088	\$53,611,427
TOTAL WITHOUT DONOR RESTRICTIONS	\$81,556,016	\$85,027,983
With donor restrictions:		
Purpose restricted, including Grants Panel funds:		
Expendable	\$6,131,299	\$6,285,036
Endowments	\$3,703,841	\$3,760,368
Beneficial interests in perpetual trusts	\$7,344,377	\$7,559,704
TOTAL WITH DONOR RESTRICTIONS	\$17,179,517	\$17,605,108
TOTAL NET ASSETS	\$98,735,533	\$102,633,091
TOTAL LIABILITIES AND NET ASSETS	\$103,769,843	\$108,209,747

STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS **SEPTEMBER 30, 2019**

(with summarized comparative totals for the year ended September 30, 2018)

REVENUES	2019	2018
Income from outside trusts and other	\$340,765	\$359,068
Net gains (losses) on beneficial interests in perpetual trusts	\$(215,327)	\$245,509
Investment return, net	\$(334,996)	\$6,265,056
Net assets released from purpose restrictions	_	_
TOTAL REVENUES	\$(209,558)	\$6,869,633
OPERATING EXPENSES	2019	2018
Program services		
Community Education and Advocacy	\$344,403	\$319,158
Grant and related	\$2,940,718	\$5,831,359
TOTAL PROGRAM SERVICES	\$3,285,121	\$6,150,517
Management and general	\$402,879	\$486,128
TOTAL OPERATING EXPENSES	\$3,688,000	\$6,636,645
Changes in net assets	\$(3,897,558)	\$232,988
NET ASSETS, BEGINNING OF YEAR	\$102,633,091	\$102,400,103
NET ASSETS, END OF YEAR	\$98,735,533	\$102,633,091
The Board of Trustees has engaged AAFCPAs of West	:borough, Massachuse	tts
to norform the annual audit	<u> </u>	

to perform the annual audit.

A copy of their complete audit report is available for review from the Foundation.

Get Involved

APPLYING FOR GRANTS

The MetroWest Health Foundation makes grants to non-profit 501(c)(3) community organizations and governmental entities. Requests for grant proposals are issued at various times throughout the year and address specific health issues and areas of concern to the foundation as identified through community needs assessments. The foundation also provides scholarships for individuals interested in pursuing formal educational programs in nursing, medicine and other health professions. Organizations interested in applying for grants should submit a concept paper to the foundation in advance of a full proposal.

For more information on applying for a grant or scholarship, call us at **508.879.7625** or visit our website at **www.mwhealth.org**.

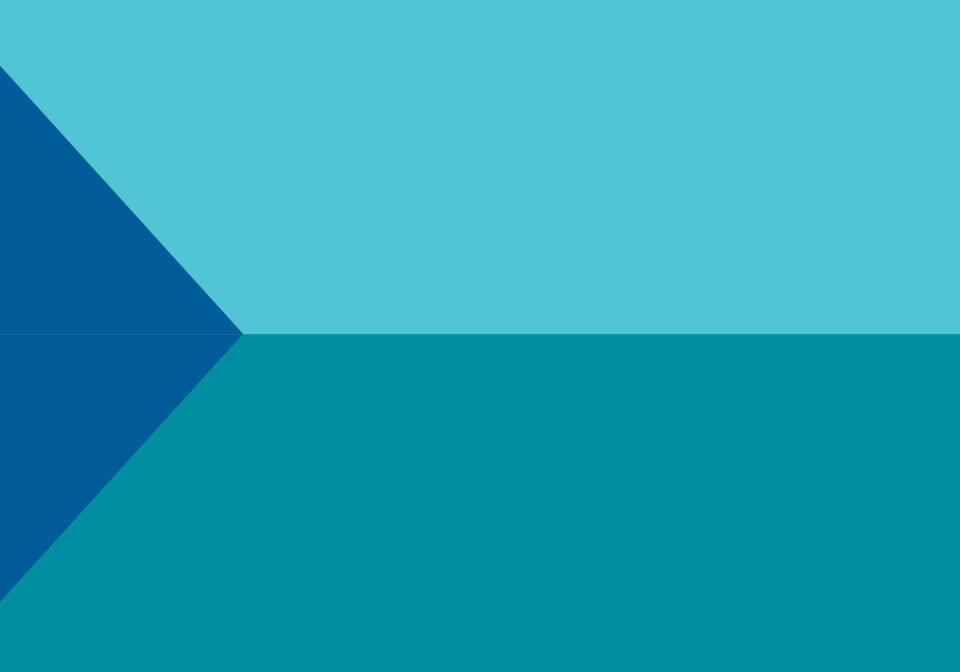
UNDERSTANDING COMMUNITY HEALTH NEEDS

Since our mission is to address the unmet health needs of the communities in the MetroWest area, we invite individuals and organizations with information or data concerning the current or projected health needs of the area to share them with the foundation. This information will help us shape our grantmaking activities and aid in the development of funding priorities for the foundation and its grants panels.

MAKING A GIFT TO THE FOUNDATION

You can support the work of the MetroWest Health Foundation by making a tax-deductible contribution or by including the foundation in your estate planning.

The foundation can assist you in planning a bequest or charitable donation to benefit the health needs of your community. For more information or assistance, contact us at 508.879.7625.





161 Worcester Rd, Ste. 202 Framingham, MA 01701 PHONE 508-879-7625 EMAIL info@mwhealth.org www.mwhealth.org