

Adolescent Mental Health* in the MetroWest Region

Highlights from the 2018 MetroWest Adolescent Health Survey (Grades 7-12)

Middle School

High School



Middle School



report depressive symptoms

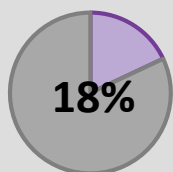
Mental health problems are reported by more females than males in middle school and high school.

High School

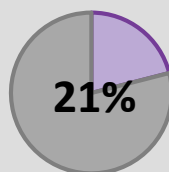


report depressive symptoms

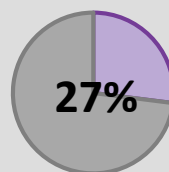
Mental health problems are higher among youth who report substance use and bullying.†
For example, suicidal ideation is reported by:



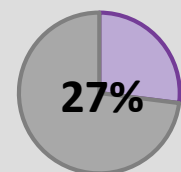
of current alcohol users
(vs. 11% of nonusers)



of current marijuana users
(vs. 11% of nonusers)



of school bullying victims
(vs. 10% of nonvictims)



of cyberbullying victims
(vs. 10% of nonvictims)

LGBTQ high school students are:

- **2.6 times** more likely to report depressive symptoms
- **3.6 times** more likely to report self-injury
- **3.2 times** more likely to report considering suicide
(compared to heterosexual, cisgender youth)

High school youth with disabilities‡ are:

- **2.0 times** more likely to report depressive symptoms
- **2.1 times** more likely to report self-injury
- **2.2 times** more likely to report considering suicide
(compared to youth without disabilities)